

SPRING TERM MENU

It's soooooo cold out there!

But you won't feel it after a deliciously filling hot lunch. There are so many favourites to choose from like **Devonshire Butchers Sausage**, **British Beef Lasagne** and **Mild Chicken Tikka Masala**, or try something new in January, known to many as "Veganuary".



We have lots of Vegan dishes on offer so if your New Year's Resolution is to eat less meat then we've got just the hot lunches for you, including Plant Powered Sausage Roll, Veg Packed Bolognese, Red Lentil Dhal and nearly all of our amazing puddings.



Friday February 14th is St Valentine's Day. Give your Valentine's Cookie to someone special to show how much you care, or just keep it for yourself - they are too good to give away!



www.localfoodlinks.org.uk



Some other bits you need to know...

FOOD ALLERGIES

It is your responsibility to order a meal your child can safely eat. To make this as easy as possible for you we have detailed the five most common allergens on the menu. These symbols show meals that '**contain**' specified allergens.

Ingredients for all our meals can be found by clicking on a meal choice on the online ordering system. For further allergen details please refer to the full allergen list at **localfoodlinks.org.uk/allergies**

Some side dishes or sauces are optional; gravy, custard, cheese, mayonnaise, spread and bread can be omitted to make your selection allergy compliant.

We will work with you to provide allergen free meals for children who have medically confirmed food allergies. To discuss in more detail please contact **barry.dovell@localfoodlinks.org.uk**

FREE SCHOOL MEALS

If your child is in Reception, Year 1 or Year 2, they can enjoy a hot school meal for free everyday!

Some children in Year 3 or above may be entitled to **free meals** if their parents receive financial support.

To find out if you are entitled, contact your local authority.

ORDERING

All meals need to be ordered (or amended) 7 days in advance.

ORDER AT
my.localfoodlinks.org.uk

Any problems call
01308 420269

