Dagular Main	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Regular Main														
Beef Bolognaise														
Beef Burger	•	●wheat											•	•
Beef Burger (DAIRY,SOYA, GLUTEN FREE)														
Beef Meatballs (GG)		•wheat, barley												
Beef Meatballs (LFL)														
Beef Lasagne		• wheat					●cheese, milk							
Breaded Fishcake		• wheat			•									
Roll		• wheat											•	
Chicken Breast (GG)														
Chicken Korma							•Cream							
Chicken Fajita & Wrap		●wheat												
Cottage Pie				1			●milk, butter							
Fish in Batter		●wheat			•		·							
Fishfinger		●wheat			•									
Fish Goujons		●wheat			•				•					
Fishcake		●wheat			•		•	1						
Fruity Chicken Curry		1111000					-							
Ham & Cheese Pizza(incl mini muffin)		●wheat					●cheese	1						
Macaroni Cheese & Ham		wheat					•cheese, milk	+						
Mild Beef Chilli		Wileat					Cheese, mik	1						
Mild Chicken Curry									1					\vdash
		A						+		+			•	•
Pork & Apple Burger		wheat	-					+	1	-			•	
Pork Sausage		●wheat				1		1						•
Pork Sausage (gluten free)	_							+						
Pulled Pork			-	-	-			-		-		-	_	\vdash
Roast Beef								-	<u> </u>					\vdash
Roast Chicken								-		-				
Roast Gammon			_	_				-	-		-	-		igwdapprox igwedge
Roast Pork								-			-	-		igwdapprox igwedge
Roast Turkey														
Sweet & Sour Chicken		●wheat		<u> </u>	<u> </u>								•	•
Sweet & Sour Pork		●wheat											•	•
Turkey Meatballs														igsquare
Tortilla Wrap		●wheat												
Gluten Free														
Beef Lasagne (GF lasagna)							●cheese, milk	T						
Cheese and Ham Pizza(GF base)							•cheese	1						
Cheese and Tomato Pizza (GF base)							•cheese	1						
Fish Fingers (GF crumb)					•		- 6.1.6656	1						\vdash
Macaroni Cheese & Ham (GF Pasta)					Ť		● cheese, milk	1						
Macaroni Cheese (GF pasta)							• cheese, milk	1						
GF Pork sausage			+				Cheese, mink	+	1					
		1												
Vegetarian Option														
Bean Burger/Banger		●wheat		•										
Bean & Cheese Quesadilla		•wheat		1		Ì	●cheese, milk							
Butternut Squash Loaf		●wheat		•										
Cauliflower Cheese			1	l		t	●cheese, milk		1	t				М
Cauliflower & Broccoli Cheese		1	†			1	• cheese, milk		1	1				Н
Cheese & Bean Burger		oats	\vdash	t		t	•	+	1	t	t			$\vdash \vdash$
onesse a bean barger		1 000	1			<u> </u>				1				

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Cheese & Courgette burger/Saus/Balls/Patty		●wheat		•			•cheese, butter, milk							
Cheese & Leek Quiche		●wheat		•			●cheese, milk							
Cheese & Leek Burger/Sausage		●wheat		•			●cheese, butter, milk							
Cheese & Onion Quiche		●wheat		•			●cheese, butter, milk							
Cheese & Tomato mini muffin pizza		●wheat					● Cheese							
Cheese & Tomato Pizza		●wheat					●cheese							
Cheese& Roast Veg Muffin Pizza		●wheat					●cheese							
Creamy Cheese & Tomato Pasta Bake		●wheat					● cheese, milk							
Country Vegetable Soup														
Courgette & Tomato Frittata				•			●milk							
Courgette Sausage		●wheat		•			●cheese, butter							
Homity Pie		●wheat					•cream, cheese							
Hummus														
Leek & Potato soup														
Leek Slice		•					•							
Macaroni Cheese		●wheat					●cheese, milk							
Mild Vegetable Chilli														
Mild Vegetable Curry														
Sweet Potato Chickpea/Lentil Curry			+			<u> </u>		<u> </u>		1				\vdash
Pesto							●cheese							
Plant Powered Burger		●wheat	+				Circuse							
Plant Powered Sausage Roll		•wheat	+					 						
Quorn Balls		•wheat	+	•		 		 		1				
Quorn Chilli	+	• wheat	+	•	<u> </u>	+				1				₩
Quorn Cowboy Casserole		wheat	+	+	<u> </u>	-								\vdash
				+			A -b : !!!.							\vdash
Quorn Fajitas with Tortilla Wrap		●wheat	+	•			●cheese, milk	-	-					\vdash
Quorn Keema Curry	-		+	•	-	-			-	1				├
Quorn Vegan Sausage	-	•wheat	+	<u> </u>	<u> </u>	-								-
Quorn Sausage		●wheat	+	•			• milk							
Quorn Sausage & Tomato Frittata		●wheat	+	•			● milk,cheese	-			-		-	\vdash
Quorn & Vegetable Stir Fry			+	•	-	-		-	-	-	-		•	├
Quorn, sticky teryaki			+	•	<u> </u>								•	
Roasted Leek Slice		●wheat					● milk							
Roasted Vegetable and Bean Bake		●wheat	_		<u> </u>		●cheese		-					Ь—
Roast Vegetable Pizza		●wheat	_		<u> </u>		●cheese	<u> </u>	-		-		-	
Roasted Vegetable Slice		●wheat					● milk							Ь—
sweet potato curry				<u> </u>	<u> </u>	ļ		<u> </u>						<u> </u>
Sweet & Sour Vegetables		●wheat											•	•
Three Bean Chilli														Ь
Tomato Sauce (includes chunky veg)				<u> </u>	<u> </u>			<u> </u>						<u> </u>
Tomato Soup														
Vegetable Curry														
Roasted Vegetable Lasagne		●wheat					● cheese, milk							
Vegetable Loaf		●wheat					●butter							
Vegetarian Bolognaise														
Vegetarian Cottage Pie							●butter, milk							
Vegetarian Roast		●wheat		•										
DF Vegetarian Cottage Pie														
DF Vegetarian Lasagne													L	<u> </u>
Jacket Potato and Fillings														
Jacket Potato			Т		1		1							

	celery	cereals containing gluten	_ crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Butter (optional)							●butter							<u> </u>
Beef Bolognaise														<u> </u>
Cheese							●cheese							
Cheese & Beans							●cheese							
Chicken & Sweetcorn Mayonnaise				•										
Coronation Chicken				•										
Ham & Cheese							●cheese							
Ham														
Mayonnaise				•										
Mild Beef Chilli														
Mild Beef Chilli and Cheese							●cheese							
Mild Veg Chilli														
spaghetti hoops		•												
Tuna Mayonnaise				•	•									
Vegetarian Bolognaise														
Vegetable Curry		1								1				
Rolls and Fillings		l	-		!			l		<u>I</u>	<u> </u>	<u>I</u>		
Cheese Sub Roll		●wheat					●butter, cheese						•	
Coronation Chicken Sub Roll		●wheat		•			●butter						•	
Beef Sub Roll		●wheat					●butter						•	
Tuna Mayo Sub Roll		●wheat		•	•		●butter						•	
Ham Sub Roll		●wheat					●butter						•	
Side Dishes Baked Beans Baguette		●wheat												
Buttery new Potatoes							•							
Bread - wholemeal (optional)		●wheat											•	
Brown Rice		- Wilcut												
Carrots														
Chips				-						+				
Colourful Rice														
Cranberry Sauce										-				
										1				\vdash
Crispy Potatoes			-											├─
Crudites			-				A 1 .::		-	-	-			\vdash
Garlic Bread		●wheat	-				●butter		-	-	-			├─
Gravy (optional)			+		_	-			1	1	-			\vdash
Green Beans				-										_
Ketchup (optional)		-	+	<u> </u>	 	<u> </u>		-	1	1	-			\vdash
Mashed Potatoes		 	+		<u> </u>	-	• milk, butter	-		1	-			\vdash
Naan Bread		●wheat	+	<u> </u>	<u> </u>	<u> </u>	●milk		1	1	-			₩
New Potatoes		1	+	<u> </u>	<u> </u>	<u> </u>			1	1	-			
Pasta / Tricolour		●wheat	-	<u> </u>	<u> </u>	<u> </u>		-	-	1	-			<u> </u>
Peas			+	<u> </u>	<u> </u>	<u> </u>			-	1				<u> </u>
Roast Potatoes			+	<u> </u>	<u> </u>	<u> </u>		<u> </u>	1	1				<u> </u>
Mini Sausage (with Christmas dinner)		●wheat			<u> </u>	<u> </u>								•
Sprouts				<u> </u>	<u> </u>	<u> </u>								Щ
Stuffing		●wheat												$ldsymbol{f eta}$
Sweetcorn														
Vegetable Medley														
		1		1		1	I	1	1	1	I	ı		1
Wedges														

Yorkshire Pudding (optional)	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
	•	•	•	•	•		•	•	•					
racked Lunch		wneat					Tenassa milk							
		• wheat					• cneese, milk	+					•	
Packed Lunch Tune Mayo				•	•		1							
Packed Lunch Tuna Mayo		●wheat	+	•	┞•		● milk	+	-	-	1	-	 	
Packed Lunch Hummus		●wheat	1	L		<u> </u>	●milk		1	1	1		•	<u> </u>
Dessert														
Apple Crumble		•wheat, oats	Τ	I	l I	l		T	1	1	I	I	l	1
Banana Marble Cake		•wheat, oats		•	 			+		1				
Catherine Wheel Cookie			+	Ť	<u> </u>			+	-	-	-		<u> </u>	
		• wheat		•				1		1	-			
Character Braumia		●wheat		_				+	-				<u> </u>	_
Chocolate Brownie		●wheat		•				+	-					•
Chocolate Shortbread		●wheat	-	 	<u> </u>			+	-	-	-		<u> </u>	
Chocolate Cake		●wheat	-	•				-	-	1	-	-	<u> </u>	
Chocolate Easter Crispy Cake							●milk	-	-				•	
Chocolate Crispy Cake			-		-		●milk	-	-	-	-			
Chocolate Mousse					<u> </u>		●milk	1		<u> </u>				
Christmas Cookie		• wheat, oats					●milk	+		-				
Christmas Cookie (DF)		•wheat, oats	-		<u> </u>			-	-	-	-	-	<u> </u>	
Cream (optional)							●cream	-						
Custard (optional)							●milk							
Dorset Apple Cake		●wheat		•										
Flapjack		●oats												
Fresh Watermelon Wedge														
Fruit Compote														
Fruit Platter / Medley														
Fruity Chocolate Tiffin		●wheat					●milk							•
Ginger Biscuit		●wheat												
Homemade Scone with Jam & Cream		●wheat					●milk, cream							
Jam Sponge		●wheat		•										
Jammy cupcake		●wheat		•			●milk							
Jelly with Cream				<u> </u>	<u> </u>	<u> </u>	●cream	1						
Jelly with Fruit				<u> </u>	<u> </u>	<u> </u>		_	1	1	<u> </u>		<u> </u>	
Lemon Shortbread		●wheat			<u> </u>									
Lemon Drizzle Cake		●wheat												
Lemon Sponge		●wheat		•										
Mandarins in Orange Jelly														
Mango Smoothie							●yoghurt							
Marble Cookie		●wheat												
Melon														
Oat & Apricot Cookie		•wheat, oats												•
Oat & Cranberry Cookie		•wheat, oats												
		I	1	1			1	1						I

•wheat, oats

•wheat, oats

wheat

wheat

●wheat

•

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ullet yoghurt

 \bullet_{milk}

●yoghurt

Oat & Raisin Cookie

Peach Melba Sponge

Peach Melba and Yoghurt

Ooey Gooey Monster eye cookie

Orange and Lemon Drizzle Cake

Oat Cookie

Pancakes Peaches & Yoghurt

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Pears with Chocolate Custard							●milk							
Pear & Chocolate Sponge		●wheat		•										
Pineapple Upside Down Cake		●wheat		•										
Pudsey Bear Shortbread Biscuit		●wheat		•										
Raspberry Cake		●wheat		•										
Raisin Flapjack		●oats												
Rice Pudding							●milk							
Red Nose Cookie		•		•			•							
Scone		●wheat					●milk							
Scone, Jam & Cream		●wheat					●milk, cream							
Shortbread		●wheat												
Sticky Ginger Cake		●wheat												
Strawberry Smoothie							●yoghurt							
Sticky Toffee Pudding		●wheat		•										
Summer Fruit Muffin		●wheat		•			●milk							
Vanilla Sponge		●wheat		•										
Fruit Yoghurt							●yoghurt							