

## Regular Main

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
Beef Bolognese														
Beef Burger	●	●wheat											●	●
Beef Burger ( DAIRY,SOYA, GLUTEN FREE)														
Beef Meatballs (GG)		●wheat, barley												
Beef Meatballs (LFL)														
Beef Lasagne		● wheat					●cheese, milk							
Breaded Fishcake		● wheat			●									
Roll		● wheat											●	
Chicken Breast (GG)														
Chicken Korma							●Cream							
Chicken Fajita & Wrap		●wheat												
Cottage Pie							●milk, butter							
Fish in Batter		●wheat			●									
Fishfinger		●wheat			●									
Fish Goujons		●wheat			●				●					
Fishcake		●wheat			●		●							
Fruity Chicken Curry														
Ham & Cheese Pizza( incl mini muffin)		●wheat					●cheese							
Macaroni Cheese & Ham		●wheat					●cheese, milk							
Mild Beef Chilli														
Mild Chicken Curry														
Pork & Apple Burger		●wheat											●	●
Pork Sausage		●wheat												●
Pork Sausage (gluten free)														
Pulled Pork														
Roast Beef														
Roast Chicken														
Roast Gammon														
Roast Pork														
Roast Turkey														
Sweet & Sour Chicken		●wheat											●	●
Sweet & Sour Pork		●wheat											●	●
Turkey Meatballs														
Tortilla Wrap		●wheat												

## Gluten Free

Beef Lasagne (GF lasagna)							●cheese, milk							
Cheese and Ham Pizza( GF base)							●cheese							
Cheese and Tomato Pizza ( GF base )							●cheese							
Fish Fingers (GF crumb)					●									
Macaroni Cheese & Ham (GF Pasta)							●cheese, milk							
Macaroni Cheese ( GF pasta)							●cheese, milk							
GF Pork sausage														

## Vegetarian Option

Bean Burger/Banger		●wheat		●										
Bean & Cheese Quesadilla		●wheat					●cheese, milk							
Butternut Squash Loaf		●wheat		●										
Cauliflower Cheese							●cheese, milk							
Cauliflower & Broccoli Cheese							●cheese, milk							
Cheese & Bean Burger		oats					●							

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[illegible]

## Rolls and Fillings

Cheese Sub Roll		●wheat				●butter, cheese						●	
Coronation Chicken Sub Roll		●wheat	●			●butter						●	
Beef Sub Roll		●wheat				●butter						●	
Tuna Mayo Sub Roll		●wheat	●	●		●butter						●	
Ham Sub Roll		●wheat				●butter						●	

## Side Dishes

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Yorkshire Pudding (optional)		●wheat		●			●milk							

**Packed Lunch**

Cheese Sandwich		●wheat					●cheese, milk							●
Packed Lunch Ham		●wheat					●milk							●
Packed Lunch Tuna Mayo		●wheat		●	●		●milk							●
Packed Lunch Hummus		●wheat					●milk							●

**Dessert**

Apple Crumble		●wheat, oats												
Banana Marble Cake		●wheat		●										
Catherine Wheel Cookie		●wheat												
Carrot Cake		●wheat		●										
Chocolate Brownie		●wheat		●										●
Chocolate Shortbread		●wheat												
Chocolate Cake		●wheat		●										
Chocolate Easter Crispy Cake							●milk						●	
Chocolate Crispy Cake							●milk							
Chocolate Mousse							●milk							
Christmas Cookie		●wheat, oats					●milk							
Christmas Cookie (DF)		●wheat, oats												
Cream (optional)							●cream							
Custard (optional)							●milk							
Dorset Apple Cake		●wheat		●										
Flapjack		●oats												
Fresh Watermelon Wedge														
Fruit Compote														
Fruit Platter / Medley														
Fruity Chocolate Tiffin		●wheat					●milk							●
Ginger Biscuit		●wheat												
Homemade Scone with Jam & Cream		●wheat					●milk, cream							
Jam Sponge		●wheat		●										
Jammy cupcake		●wheat		●			●milk							
Jelly with Cream							●cream							
Jelly with Fruit														
Lemon Shortbread		●wheat												
Lemon Drizzle Cake		●wheat												
Lemon Sponge		●wheat		●										
Mandarins in Orange Jelly														
Mango Smoothie							●yoghurt							
Marble Cookie		●wheat												
Melon														
Oat & Apricot Cookie		●wheat, oats												●
Oat & Cranberry Cookie		●wheat, oats												
Oat & Raisin Cookie		●wheat, oats												
Oat Cookie		●wheat, oats												
Ooey Goey Monster eye cookie		●wheat		●			●							
Orange and Lemon Drizzle Cake		●wheat												
Pancakes		●		●			●							
Peaches & Yoghurt							●yoghurt							
Peach Melba Sponge		●wheat		●			●milk							
Peach Melba and Yoghurt							●yoghurt							

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Pears with Chocolate Custard							●milk							
Pear & Chocolate Sponge		●wheat		●										
Pineapple Upside Down Cake		●wheat		●										
Pudsey Bear Shortbread Biscuit		●wheat		●										
Raspberry Cake		●wheat		●										
Raisin Flapjack		●oats												
Rice Pudding							●milk							
Red Nose Cookie		●		●			●							
Scone		●wheat					●milk							
Scone, Jam & Cream		●wheat					●milk, cream							
Shortbread		●wheat												
Sticky Ginger Cake		●wheat												
Strawberry Smoothie							●yoghurt							
Sticky Toffee Pudding		●wheat		●										
Summer Fruit Muffin		●wheat		●			●milk							
Vanilla Sponge		●wheat		●										
Fruit Yoghurt							●yoghurt							