

AUTUMN LUNCH MENU

Did you order Week 1 last half term?

MONDAY 2 NOV

GD Chicken Breast with Pasta, Creamy Tomato Sauce & Peas

1 GDE Quorn with Pasta, Creamy Tomato Sauce & Peas

Jacket Potato with Ham & Crudités

G Apricot Flapjack or Fresh Fruit

TUESDAY 3 NOV

G Mild Beef Chilli with Rice, Sweetcorn & Tortilla Wrap

GDS Homemade Tomato Soup with a Wholemeal Cheese Roll

D Jacket Potato with Baked Beans & Grated Cheese

GE Mini Chocolate Brownie & Orange Wedge

WEDNESDAY 4 NOV

Roast Chicken with Roast Potatoes, Carrots, Cabbage & Gravy

GDE Vegetable Bake with Roast Potatoes, Carrots, Cabbage & Gravy

GDS Cheese Sub Roll with Mixed Salad

G Lemon Shortbread or Fresh Fruit

THURSDAY 5 NOV

BONFIRE NIGHT!

GS Pork Hot Dog with Corn on the Cob, Baked Beans & Tomato Ketchup

GES Quorn Hot Dog with Corn on the Cob, Baked Beans & Tomato Ketchup

FE Jacket Potato with Tuna Mayo & Crudités

GD Toffee Apple Crumble & Custard

FRIDAY 6 NOV

FG Fish Fingers with Chips, Peas & Tomato Ketchup

G Fishless Fingers with Chips, Peas & Tomato Ketchup

D Jacket Potato with Cheese & Mixed Salad

GDE Pancake & Lemon or Fresh Fruit

WEEK 1

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

MONDAY 9 NOV

GD Cheese & Tomato Pizza with Half a Jacket Potato & Mixed Vegetables

2 GD Cheese & Bean Burger with Half a Jacket Potato & Mixed Vegetables

D Jacket Potato with Baked Beans & Grated Cheese

GD Fruity Chocolate Tiffin or Fresh Fruit

TUESDAY 10 NOV

GD Beef Bolognese with Pasta, Sweetcorn & Grated Cheese

GD Vegetable Bolognese with Pasta, Sweetcorn & Grated Cheese

Jacket Potato with Ham & Sweetcorn

GE Pineapple Upside Down Cake or Fresh Fruit

REMEMBRANCE DAY

WEDNESDAY 11 NOV

Roast Gammon with Roast Potatoes, Carrots, Cabbage & Gravy

GDE Vegetable Loaf with Roast Potatoes, Carrots, Cabbage & Gravy

GDS Cheese Sub Roll with Crudités

G Remembrance Shortbread or Fresh Fruit

THURSDAY 12 NOV

GDS Meatball Sub with Tomato Sauce, Grated Cheese & Peas

GDS Veg Ball Sub with Tomato Sauce, Grated Cheese & Peas

GD Jacket Potato with Spaghetti Hoops & Grated Cheese

Strawberry Jelly & Fruit Salad

FRIDAY 13 NOV

FG Battered Fish with Chips, Sweetcorn & Tomato Ketchup

GD Roasted Vegetable Slice with Chips, Sweetcorn & Tomato Ketchup

GDS Ham Sub Roll with Crudités

G Pudsey Bear Chocolate Cookie or Fresh Fruit

WEEK 2

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

MONDAY 16 NOV

GD Mild Chicken Korma with Rice, Vegetable Medley & Mini Naan

3 GD Mild Vegetable Korma with Rice, Vegetable Medley & Mini Naan

D Jacket Potato with Baked Beans & Grated Cheese

G Flapjack or Fresh Fruit

TUESDAY 17 NOV

G Pork Sausage with Pasta, Tomato Sauce & Peas

GE Quorn Sausage with Pasta, Tomato Sauce & Peas

D Jacket Potato with Cheese & Peas

GE Mini Chocolate Cake & Orange Wedge

WEDNESDAY 18 NOV

GDE Roast Beef with Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy

GDE Leek Slice with Roast Potatoes, Mixed Vegetables & Gravy

GDS Ham Sub Roll with Crudités

G Mini Oat Cookie & Melon

THURSDAY 19 NOV

D Cottage Pie with Peas & Gravy

GD Macaroni Cheese with Peas

FE Jacket Potato with Tuna Mayo & Peas

GE Raspberry Cake or Fresh Fruit

FRIDAY 20 NOV

FG Breaded Fillet of Fish with Chips, Peas & Tomato Ketchup

GDE Cheese & Onion Quiche with Chips, Peas & Tomato Ketchup

GDS Cheese Sub Roll with Mixed Salad

GDE Pancake & Lemon or Fresh Fruit

WEEK 3

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

MONDAY 23 NOV

GD Chicken Breast with Pasta, Creamy Tomato Sauce & Peas

4 GDE Quorn with Pasta, Creamy Tomato Sauce & Peas

D Jacket Potato with Baked Beans & Grated Cheese

GE Carrot Cake or Fresh Fruit

TUESDAY 24 NOV

GS Pork & Apple Burger in a Roll with Corn on the Cob & Baked Beans

GS Veggie Burger in a Roll with Corn on the Cob & Baked Beans

D Jacket Potato with Cheese & Corn on the Cob

G Mini Chocolate Shortbread & Orange Wedge

WEDNESDAY 25 NOV

D Roast Chicken with Herby Potatoes, Mixed Vegetables & Gravy

D Cauliflower Cheese with Herby Potatoes, Mixed Vegetables & Gravy

GDS Ham Sub Roll with Crudités

GE Dorset Apple Cake or Fresh Fruit

THURSDAY 26 NOV

GD Lasagne with Garlic Bread & Peas

GD Vegetable Lasagne with Garlic Bread & Peas

FE Jacket Potato with Tuna Mayo & Peas

Fresh Fruit Medley

FRIDAY 27 NOV

FG Fish Fingers with Chips, Sweetcorn & Tomato Ketchup

G Fishless Fingers with Chips, Sweetcorn & Tomato Ketchup

GDS Cheese Sub Roll with Crudités

D Flapjack or Fresh Fruit

WEEK 4

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

MONDAY 30 NOV

GD Cheese & Tomato Pizza with Half a Jacket Potato & Mixed Vegetables

G Uncle Bulgaria's Beetroot Burger with Half a Jacket Potato & Mixed Vegetables

D Jacket Potato with Baked Beans & Grated Cheese

GD Fruity Chocolate Tiffin or Fresh Fruit

TUESDAY 1 DEC

GD Beef Bolognese with Pasta, Sweetcorn & Grated Cheese

GD Vegetable Bolognese with Pasta, Sweetcorn & Grated Cheese

Jacket Potato with Ham & Sweetcorn

GE Pineapple Upside Down Cake or Fresh Fruit

WEDNESDAY 2 DEC

Roast Gammon with Roast Potatoes, Carrots, Cabbage & Gravy

GDE Vegetable Loaf with Roast Potatoes, Carrots, Cabbage & Gravy

GDS Cheese Sub Roll with Crudités

G Shortbread or Fresh Fruit

THURSDAY 3 DEC

GDS Meatball Sub with Tomato Sauce, Grated Cheese & Peas

GDS Veg Ball Sub with Tomato Sauce, Grated Cheese & Peas

GD Jacket Potato with Spaghetti Hoops & Grated Cheese

Strawberry Jelly & Fruit Salad

FRIDAY 4 DEC

FG Battered Fish with Chips, Sweetcorn & Tomato Ketchup

GD Roasted Vegetable Slice with Chips, Sweetcorn & Tomato Ketchup

GDS Ham Sub Roll with Crudités

G Chocolate Cookie or Fresh Fruit

WEEK 5

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

MONDAY 7 DEC

GD Mild Chicken Korma with Rice, Vegetable Medley & Mini Naan

6 GD Mild Vegetable Korma with Rice, Vegetable Medley & Mini Naan

D Jacket Potato with Baked Beans & Grated Cheese

G Flapjack or Fresh Fruit

TUESDAY 8 DEC

G Pork Sausage with Pasta, Tomato Sauce & Peas

GE Quorn Sausage with Pasta, Tomato Sauce & Peas

D Jacket Potato with Cheese & Peas

GE Mini Chocolate Cake & Orange Wedge

WEDNESDAY 9 DEC

GDE Roast Beef with Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy

GDE Leek Slice with Roast Potatoes, Mixed Vegetables & Gravy

GDS Ham Sub Roll with Crudités

G Mini Oat Cookie & Melon

THURSDAY 10 DEC

D Cottage Pie with Peas & Gravy

GD Macaroni Cheese with Peas

FE Jacket Potato with Tuna Mayo & Peas

GE Raspberry Cake or Fresh Fruit

FRIDAY 11 DEC

FG Breaded Fillet of Fish with Chips, Peas & Tomato Ketchup

GDE Cheese & Onion Quiche with Chips, Peas & Tomato Ketchup

GDS Cheese Sub Roll with Mixed Salad

GDE Pancake & Lemon or Fresh Fruit

WEEK 6

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

MONDAY 14 DEC

GD Chicken Breast with Pasta, Creamy Tomato Sauce & Peas

7 GDE Quorn with Pasta, Creamy Tomato Sauce & Peas

D Jacket Potato with Baked Beans & Grated Cheese

GE Carrot Cake or Fresh Fruit

TUESDAY 15 DEC

FGD Fish Cake with Half a Jacket Potato, Sweetcorn & Tomato Ketchup

GD Roasted Vegetable Slice with Half a Jacket Potato, Sweetcorn & Tomato Ketchup

FE Jacket Potato with Tuna Mayo & Sweetcorn

G Mini Chocolate Shortbread & Orange Wedge

CHRISTMAS DINNER

WEDNESDAY 16 DEC

G Roast Turkey & Mini Sausage or Festive Vegetable Loaf served with Roast Potatoes, Vegetable Medley, Stuffing, Cranberry Sauce & Gravy

GD Christmas Cookie or Satsuma

THURSDAY 17 DEC

GS Pork & Apple Burger in a Roll with Corn on the Cob & Baked Beans

GS Veggie Burger in a Roll with Corn on the Cob & Baked Beans

D Jacket Potato with Cheese & Corn on the Cob

G Mini Shortbread & Melon

FRIDAY 18 DEC

FG Fish Fingers with Chips, Sweetcorn & Tomato Ketchup

G Fishless Fingers with Chips, Sweetcorn & Tomato Ketchup

GDS Ham Sub Roll with Crudités

G Flapjack or Fresh Fruit

WEEK 7

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

MONDAY 4 JAN

GD Cheese & Tomato Pizza with Half a Jacket Potato & Mixed Vegetables

1 GD Cheese & Bean Burger with Half a Jacket Potato & Mixed Vegetables

D Jacket Potato with Baked Beans & Grated Cheese

G Shortbread or Fresh Fruit

TUESDAY 5 JAN

GDS Meatball Sub with Tomato Sauce, Grated Cheese & Peas

GDS Veg Ball Sub with Tomato Sauce, Grated Cheese & Peas

Jacket Potato with Ham & Peas

G Flapjack or Fresh Fruit

WEDNESDAY 6 JAN

Roast Chicken Breast with Roast Potatoes, Carrots, Cabbage & Gravy

GDE Vegetable Loaf with Roast Potatoes, Carrots, Cabbage & Gravy

GDS Cheese Sub Roll with Crudités

GE Pineapple Upside Down Cake or Fresh Fruit

THURSDAY 7 JAN

GD Beef Bolognese with Pasta, Sweetcorn & Grated Cheese

GD Vegetable Bolognese with Pasta, Sweetcorn & Grated Cheese

GD Jacket Potato with Spaghetti Hoops & Grated Cheese

G Chocolate Cookie or Fresh Fruit

FRIDAY 8 JAN

FG Battered Fish with Chips, Peas & Tomato Ketchup

GD Roasted Vegetable Slice with Chips, Peas & Tomato Ketchup

GDS Ham Sub Roll with Crudités

Strawberry Jelly & Fruit Salad

WEEK 1

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

When ordering online, keep scrolling forward until you reach the dates for the first week back.

CONTAINS ALLERGENS

G Gluten

D Dairy

E Egg

S Soya

F Fish

See overleaf or online for more information on food allergies