

	celery	cereals containing gluten	crustaceans	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
Quorn Chilli		●wheat		●										
Quorn Fajitas with Tortilla Wrap		●wheat		●			●cheese, milk							
Quorn Sausage		●wheat		●			●milk							
Quorn Sub Roll		●wheat		●										
Quorn & Vegetable Stir Fry				●									●	
Quorn, Southern Style				●									●	
Quorn, sticky teryaki				●									●	
Quorn Paella	●			●										
Roasted Leek Slice		●wheat					●milk							
Roasted Vegetable and Bean Bake		●wheat					●cheese							
Roast Vegetable Pizza		●wheat					●cheese							
Roasted Vegetable Slice		●wheat					●milk							
sweet potato curry														
Sweet & Sour Vegetables		●wheat											●	●
Sweet Potato Falafels														
Sweet Potato & Vegetable Burger		●												
Three Bean Chilli														
Tomato Sauce (includes chunky veg)														
Vegetable Curry	●													
Roasted Vegetable Lasagne		●wheat					●cheese, milk							
Vegetable and Lentil Lasagne		●wheat					●cheese, milk							
Vegetable Loaf	●	●wheat					●butter							
Vegetarian Bolognese	●													
Vegetarian Cottage Pie							●butter, milk							●
Vegetarian Cheese topped Cottage Pie							●butter, milk, cheese							●
Vegetarian Cottage Pie (dairy free)														●
Vegetarian Paella	●			●										
Vegetarian Roast		●wheat		●										
GF Vegetarian Lasagne							●							
DF Vegetarian Cottage Pie														
DF Vegetarian Lasagne														

Jacket Potato and Fillings

Jacket Potato														
Butter (optional)							●butter							
Side Salad														
Beef Bolognese														
Cheese & Coleslaw				●			●cheese							
Cheese & Onion				●			●cheese							
Cheese							●cheese							
Cheese & Beans							●cheese							
Chicken Mayonnaise				●										
Chicken & Sweetcorn Mayonnaise				●										
Coronation Chicken				●										
Egg Mayonnaise				●										
Ham & Cheese							●cheese							
Ham														
Mayonnaise				●										
Mild Beef Chilli														
Mild Beef Chilli and Cheese							●cheese							
Mild Veg Chilli	●													
Rainbow Coleslaw and Cheese	●			●			●cheese							

	celery	cereals containing gluten	crustaceans	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
Dorset Apple Cake		●wheat		●										
Berry Fruit Compote & Yoghurt							●yoghurt							
Flapjack		●oats												
Fresh Watermelon Wedge														
Fruit Compote														
Fruit Platter / Medley														
Fruity Chocolate Crispy Cake							●milk							●
Fruity Chocolate Easter Crispy Cake							●milk						●	●
Fruity Chocolate Tiffin		●wheat					●milk							●
Ginger Biscuit		●wheat												
Homemade Scone with Jam & Cream		●wheat					●milk, cream							
Iced Cup/Sponge Cake		●wheat		●										
Iced Birthday Cup Cake		●wheat		●										
Jam Sponge		●wheat		●										
Jammy cupcake		●wheat		●			●milk							
Jelly with Cream							●cream							
Jelly with Fruit														
Lemon Shortbread		●wheat												
Lemon Drizzle Cake		●wheat												
Lemon Sponge		●wheat		●										
Mandarins in Orange Jelly														
Mango Smoothie							●yoghurt							
Marble Cookie		●wheat												
Melon														
Mini-Shortbread with Strawberries & Cream		●wheat					●cream							
Oat & Apricot Cookie		●wheat, oats												●
Oat & Cranberry Cookie		●wheat, oats												
Oat & Raisin Cookie		●wheat, oats												
Oat Cookie		●wheat, oats												
Ooey Goey Monster eye cookie		●wheat		●			●							
Orange and Lemon Drizzle Cake		●wheat												
Pancakes		●		●			●							
Peaches & Yoghurt							●yoghurt							
Peach Melba Sponge		●wheat		●			●milk							
Peach Melba and Yoghurt							●yoghurt							
Pears with Chocolate Custard							●milk							
Pear & Chocolate Sponge		●wheat		●										
Pineapple Upside Down Cake		●wheat		●										
Pudsey Bear Shortbread Biscuit		●wheat		●										
Raspberry blondie		●wheat		●										
Raisin Flapjack		●oats												
Rice Pudding							●milk							
Red Nose Cookie		●		●			●							
Scone		●wheat					●milk							
Scone, Jam & Cream		●wheat					●milk, cream							
Shortbread		●wheat												
Sticky Ginger Cake		●wheat												
Strawberry Smoothie							●yoghurt							
Sticky Toffee Pudding		●wheat		●										
Summer Fruit Muffin		●wheat		●			●milk							
Vanilla Sponge		●wheat		●										
Fruit Yoghurt							●yoghurt							

