

SUMMER LUNCH MENU

BRAIN FOOD

BANK HOLIDAY

ST GEORGE'S DAY

TUESDAY 23 APR

GD Hawaiian Pizza with Half a Jacket & Peas

GD Cheese & Tomato Pizza with Half a Jacket & Peas

Jacket Potato with Ham & Cucumber

GE Dorset Apple Cake or Fresh Fruit

STOP FOOD WASTE Day

WEDNESDAY 24 APR

Pork Sausage Roast, Roast Potatoes, Carrots, Cabbage & Gravy

DE Courgette & Tomato Frittata, Roast Potatoes, Carrots, Cabbage & Gravy

DE Jacket Potato with Cheese & Coleslaw

G Ginger Cookie or Fresh Fruit

THURSDAY 25 APR

GD Mild Chicken Curry with Rice, Sweetcorn & Mini Naan

GD Macaroni Cheese & Sweetcorn

FE Jacket Potato with Tuna & Cucumber

Orange Jelly & Mandarins

FRIDAY 26 APR

GDF Battered Fish with Chips, Peas & Tomato Ketchup

GD Country Vegetable Soup with a Wholemeal Cheese Roll

GD Jacket Potato with Spaghetti Hoops & Grated Cheese

G Flapjack or Fresh Fruit

MONDAY 29 APR

Marinated Chicken Breast with New Potatoes & Peas

GD Leek Slice with New Potatoes & Peas

D Jacket Potato with Baked Beans & Grated Cheese

D Chocolate Crispy Square or Fresh Fruit

TUESDAY 30 APR

GS BBQ Pulled Pork Roll, Sweetcorn & Salad

GS Sweet Potato & Vegetable Burger in a Roll, Sweetcorn & Salad

FE Jacket Potato with Tuna & Sweetcorn

G Mini Oat Cookie with Melon

MIDWEEK ROASTS

WEDNESDAY 1 MAY

Roast Chicken with Roast Potatoes, Vegetable Medley & Gravy

GE Roast Vegetable Loaf with Roast Potatoes, Vegetable Medley & Gravy

GDS Cheese Sub Roll with Mixed Salad

G Lemon Shortbread or Fresh Fruit

THURSDAY 2 MAY

D Cottage Pie with Peas & Gravy

GDS Homemade Tomato Soup with a Wholemeal Cheese Roll

GD Jacket Potato with Spaghetti Hoops & Grated Cheese

G Summer Fruit Crunch

FRIDAY 3 MAY

GF Fish Fingers with Chips, Sweetcorn & Tomato Ketchup

GDE Roasted Vegetable Quiche with Chips, Sweetcorn & Tomato Ketchup

GESD Chicken & Mayo Sub Roll with Mixed Salad

GE Ginger Cake or Fresh Fruit

BANK HOLIDAY

TUESDAY 7 MAY

GD Warm Chicken Wrap with Corn on the Cob, Grated Cheese & Salad

GD Roasted Vegetable Wrap with Corn on the Cob, Grated Cheese & Salad

D Jacket Potato with Baked Beans & Grated Cheese

GE Chocolate Brownie or Fresh Fruit

MIDWEEK ROASTS

WEDNESDAY 8 MAY

GDE Roast Beef, Yorkshire Pudding, Roast Potatoes, Carrots, Peas & Gravy

GD Hominy Pie with Carrots, Peas & Gravy

GESFD Tuna Mayo Sub Roll with Mixed Salad

G Oaty Apricot Cookie or Fresh Fruit

THURSDAY 9 MAY

GD Creamy Chicken & Ham Pasta with Peas

GD Pesto Pasta with Peas & Grated Cheese

GDS Beef Sub Roll with Mixed Salad

D Mini Shortbread & Peaches

FRIDAY 10 MAY

F Sole Bites with Chips, Sweetcorn & Tomato Ketchup

GDE Cheese & Leek Burger with Chips, Sweetcorn & Tomato Ketchup

E Jacket Potato with Chicken Mayo & Cucumber

Fresh Fruit Medley

VEGETARIAN WEEK 19 MAY 2019

MONDAY 13 MAY

GD Cheese & Tomato Pizza with Half a Jacket Potato & Sweetcorn

GD Country Vegetable Soup with a Cheese Baguette

GD Jacket Potato with Spaghetti Hoops & Grated Cheese

GE Lemon Drizzle Cake or Fresh Fruit

TUESDAY 14 MAY

GD Mild Chicken Curry with Rice, Vegetable Medley and Mini Naan

GD Macaroni Cheese & Vegetable Medley

FE Jacket Potato with Tuna & Cucumber

GE Mini Chocolate Shortbread with Orange Wedge

MIDWEEK ROASTS

WEDNESDAY 15 MAY

Roast Gammon, Roast Potatoes, Baby Carrots, Green Beans & Gravy

D Sweet Potato topped Veggie Cottage Pie, Baby Carrots, Green Beans & Gravy

GDS Cream Cheese & Cucumber Sub Roll with Mixed Salad

G Fruity Flapjack or Fresh Fruit

THURSDAY 16 MAY

D Sausage & Mash, Sweetcorn & Gravy

GD Cheese and Bean Sausage & Mash, Sweetcorn & Gravy

D Jacket Potato with Baked Beans & Grated Cheese

Strawberry Jelly & Fruit Salad

FRIDAY 17 MAY

GDF Battered Fish with Chips, Peas & Tomato Ketchup

GD Roasted Vegetable Slice with Chips, Peas & Tomato Ketchup

GDS Ham & Cheese Sub Roll with Mixed Salad

G Marble Cookie or Fresh Fruit

MONDAY 20 MAY

Marinated Chicken Breast with New Potatoes & Peas

GD Leek Slice with New Potatoes & Peas

D Jacket Potato with Baked Beans & Grated Cheese

D Chocolate Crispy Square or Fresh Fruit

TUESDAY 21 MAY

GS BBQ Pulled Pork Roll, Sweetcorn & Salad

GS Sweet Potato & Vegetable Burger in a Roll, Sweetcorn & Salad

FE Jacket Potato with Tuna & Sweetcorn

G Mini Oat Cookie with Melon

MIDWEEK ROASTS

WEDNESDAY 22 MAY

Roast Chicken with Roast Potatoes, Vegetable Medley & Gravy

GE Roast Vegetable Loaf with Roast Potatoes, Vegetable Medley & Gravy

GDS Cheese Sub Roll with Mixed Salad

G Lemon Shortbread or Fresh Fruit

THURSDAY 23 MAY

GDE Ham Ploughman's with Salad, Coleslaw & Baguette

DGSE Cheddar Ploughman's with Salad, Coleslaw & Baguette

GD Jacket Potato with Spaghetti Hoops & Grated Cheese

G Summer Fruit Crunch

FRIDAY 24 MAY

GF Fish Fingers with Chips, Peas & Tomato Ketchup

GDE Roasted Vegetable Quiche with Chips, Peas & Tomato Ketchup

GESD Chicken Mayo Sub Roll with Mixed Salad

GE Ginger Cake or Fresh Fruit

Click "Next" when ordering online to skip holidays and place your order for the first week back

FULL HALF TERM WEEK

MONDAY 3 JUNE

GD Hawaiian Pizza with Half a Jacket & Sweetcorn

GD Cheese & Tomato Pizza with Half a Jacket Potato & Sweetcorn

GD Jacket Potato with Spaghetti Hoops & Grated Cheese

GE Lemon Drizzle Cake or Fresh Fruit

TUESDAY 4 JUNE

GD Mild Chicken Curry with Rice, Vegetable Medley and Mini Naan

GD Macaroni Cheese & Vegetable Medley

FE Jacket Potato with Tuna & Cucumber

G Mini Chocolate Shortbread with Orange Wedge

MIDWEEK ROASTS

WEDNESDAY 5 JUNE

Roast Gammon, Roast Potatoes, Baby Carrots, Green Beans & Gravy

Sweet Potato topped Vegetable Cottage Pie, Baby Carrots, Green Beans & Gravy

GDS Cream Cheese & Cucumber Sub Roll with Mixed Salad

G Fruity Flapjack or Fresh Fruit

THURSDAY 6 JUNE

D Sausage & Mash, Sweetcorn & Gravy

GD Cheese and Bean Sausage & Mash, Sweetcorn & Gravy

D Jacket Potato with Baked Beans & Grated Cheese

Strawberry Jelly & Fruit Salad

FRIDAY 7 JUNE

GDF Battered Fish with Chips, Peas & Tomato Ketchup

GD Roasted Vegetable Slice with Chips, Peas & Tomato Ketchup

GDS Ham & Cheese Sub Roll with Mixed Salad

G Marble Cookie or Fresh Fruit

CONTAINS ALLERGENS

G Gluten

D Dairy

E Egg

S Soya

F Fish