

	celery	cereals containing gluten	crustaceans	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
Pork Sausage (gluten free)														
Pork Sausage Casserole		●wheat												
Pork, sticky teryaki		●											●	
Pulled Pork														
Ploughman's with Ham		●wheat					●butter							
Roast Beef														
Roast Chicken														
Roast Gammon														
Roast Pork														
Roast Pork Steak														
Roast Turkey														
Salmon Fishfingers		●wheat, cereal			●									
slow cooked tender beef	●	●											●	
Spanish Style Chicken														
Sticky Chinese Chicken		●wheat											●	
Sticky maple gammon														
Sweet & Sour Chicken		●wheat											●	●
Sweet & Sour Pork		●wheat											●	●
Tex Mex Turkey														
Tortilla Wrap		●wheat												
Tuna & Sweetcorn Wrap		●wheat		●	●									
Turkey Curry														
Turkey Fajitas with Tortilla Wrap		●wheat												

Gluten Free

Beef Lasagne (GF lasagna)							●cheese, milk							
GF Beef Casserole	●						●cheese							
Cheese and Ham Pizza(GF base)							●cheese							
Cheese and Tomato Pizza (GF base)							●cheese							
Fish Fingers (GF crumb)					●									
Macaroni Cheese & Ham (GF Pasta)							●cheese, milk							
Macaroni Cheese (GF pasta)							●cheese, milk							
GF Pork sausage														

Vegetarian Option

Bean Burger/Banger		●wheat		●										
Cauliflower Cheese							●cheese, milk							
Cauliflower & Broccoli Cheese							●cheese, milk							
Carrot and Coriander Falafel														
Cauliflower & Broccoli Bake							●cheese, milk							
Cheese & Courgette burger/Saus/Balls/Patty		●wheat		●			●cheese, butter, milk		●					
Cheese & Leek Quiche		●wheat		●			●cheese, milk							
Cheese & Leek Burger/Sausage		●wheat		●			●cheese, butter, milk		●					
Cheese and Onion Pasty		●wheat		●			●milk							
Cheese & Onion Quiche		●wheat		●			●cheese, butter, milk							
Cheese & Tomato mini muffin pizza		●wheat					●							
Cheese & Tomato Pizza		●wheat					●cheese							
Cheese& Roast Veg Muffin Pizza		●wheat					●cheese							
Country Vegetable Pie	●	●wheat					●milk							
Courgette & Lentil Bake				●			●cheese, milk							
Courgette & Tomato Frittata				●			●milk							
Courgette Sausage		●wheat		●			●cheese, butter							

	celery	cereals containing gluten	crustaceans	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
BBQ Sauce- Lions American														
Bread - wholemeal (optional)		●wheat												
Brioche Bun		●wheat		●			●milk							
Brown Rice														
Carrots														
Carrots & Swede mash							●butter							
Chips														
Colourful Rice														
cheesy potato bake							●							
Cheese Scone		●wheat					●milk, cheese							
Corn Bread		●wheat												
Cous Cous		●wheat												
Cranberry Sauce														
Crispy Potatoes														
Crudites														
Garlic Bread		●wheat					●butter							
Gravy (optional)	●	●wheat, barley											●	
Gravy (Vegetarian)	●	●wheat											●	
Green Beans														
Homemade Tomato Ketchup	●													
Ketchup (optional)														
Layered Potatoes	●						●butter							
Mashed Potatoes							●milk, butter							●
Naan Bread		●wheat					●milk							
New Potatoes														
Pasta (gluten free)														
Pasta / Tricolour		●wheat												
Potato salad				●										
Tricolour Pasta Salad		●wheat		●										
Peas														
Pitta Bread		●wheat												
Pineapple Ring														
Rainbow Coleslaw	●			●										
Raita Dip							●							
Roast Potatoes														●
Mini Sausage (with Christmas dinner)		●wheat												●
Sprouts														
Sliced Potato Bake	●						●butter							
Stuffing	●	●wheat					●milk							
Sweetcorn														
Vegetable Medley														
Wedges														
Wholemeal Pasta		●wheat												
Winter Slaw				●										
Yorkshire Pudding (optional)		●wheat		●			●milk							

Gluten Free

GF Gravy														●
GF Pasta														

Dairy Free

Mashed Potatoes														
-----------------	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Packed Lunch

	celery	cereals containing gluten	crustaceans	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
Cheese Sandwich		●wheat					●cheese, milk							
Packed Lunch Ham		●wheat					●milk							
Packed Lunch Tuna Mayo		●wheat		●	●		●milk							
Packed Lunch Hummus		●wheat					●milk							

Dessert

Apple & Blackberry Crumble		●wheat, oats												
Apple & Blackberry Cobbler		●wheat		●			●milk							
Apple & Date Crumble		●wheat, oats												●
Apple & Date Slice		●wheat, oats												
Apple & Raspberry Crumble		●wheat, oats												
Apple & Raspberry Sponge		●wheat		●										
Apple & Rhubarb Crumble		●wheat, oats												
Apple Crumble		●wheat, oats												
Apple wedge & cheddar cheese							●							
Apricot Crumble Slice		●wheat, oats												
Banana & Custard							●milk							
Banana & Mango Smoothie							●							
Banana & Mango muffin		●wheat		●										
Banana & Date Cake		●wheat		●										●
Blackberry Sponge		●wheat		●										
Catherine Wheel Cookie		●wheat		●										
Carrot Cake		●wheat		●										
Celebration Cup Cake		●wheat		●										
Cherry Flapjack		●oats												
Cherry Shortbread		●wheat												
Chocolate Brownie		●wheat		●										●
Chocolate Shortbread		●wheat												
Chocolate Cake		●wheat		●										
Chocolate Custard							●milk							
Chocolate Easter Crispy Cake							●milk						●	
Chocolate Crispy Cake							●milk							
Chocolate Raspberry Cake		●wheat		●										
Chocolate Pudding (Goosey)		●wheat		●			●milk							
Christmas Cookie		●wheat, oats					●milk							
Christmas Cookie (DF)		●wheat, oats												
Cream (optional)							●cream							
Custard (optional)							●milk							
Date and Chocolate Brownie		●wheat		●										●
Date and Ginger Slice		●wheat		●										●
Date Flapjack		●oats												●
Date Slice		●oats, wheat												●
Dorset Apple Cake		●wheat		●										
Fruit Compote & Cream							●cream							
Fruit Compote & Custard							●milk							
Berry Fruit Compote & Yoghurt							●yoghurt							
Flapjack		●oats												
Fresh Watermelon Wedge														
Fruit Compote														
Fruit Platter / Medley														
Fruity Chocolate Crispy Cake							●milk							●
Fruity Chocolate Easter Crispy Cake							●milk						●	●
Fruity Chocolate Tiffin		●wheat					●milk							●

