

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
Carrots														
Carrots & Swede mash							●butter							
Chips														
Colourful Rice														
cheesy potato bake							●							
Cheese Scone		●wheat					●milk, cheese							
Corn Bread		●wheat												
Cous Cous		●wheat												
Cranberry Sauce														
Crispy Potatoes														
Crudites														
Garlic Bread		●wheat					●butter							
Gravy (optional)	●	●wheat, barley											●	
Gravy (Vegetarian)	●	●wheat											●	
Green Beans														
Homemade Tomato Ketchup	●													
Ketchup (optional)														
Layered Potatoes	●						●butter							
Mashed Potatoes							●milk, butter							●
Naan Bread		●wheat					●milk							
New Potatoes														
Pasta (gluten free)														
Pasta / Tricolour		●wheat												
Potato salad				●										
Tricolour Pasta Salad		●wheat		●										
Peas														
Pitta Bread		●wheat												
Pineapple Ring														
Rainbow Coleslaw	●			●										
Raita Dip							●							
Roast Potatoes														●
Mini Sausage (with Christmas dinner)		●wheat												●
Sprouts														
Sliced Potato Bake	●						●butter							
Stuffing	●	●wheat					●milk							
Sweetcorn														
Vegetable Medley														
Wedges														
Wholemeal Pasta		●wheat												
Winter Slaw				●										
Yorkshire Pudding (optional)		●wheat		●			●milk							

Gluten Free

GF Gravy														●
GF Pasta														

Dairy Free

Mashed Potatoes														
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Packed Lunch

Cheese Sandwich		●wheat					●cheese, milk							
Packed Lunch Ham		●wheat					●milk							
Packed Lunch Tuna Mayo		●wheat		●	●		●milk							
Packed Lunch Hummus		●wheat					●milk							

	celery	cereals containing gluten	crustaceans	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
Jam Sponge		●wheat		●										
Jammy cupcake		●wheat		●			●milk							
Jelly with Cream							●cream							
Jelly with Fruit														
Lemon Shortbread		●wheat												
Lemon Drizzle Cake		●wheat												
Lemon Sponge		●wheat		●										
Lemon Surprise Pudding		●wheat		●			●milk							
Mandarins in Orange Jelly														
Mango Smoothie							●yoghurt							
Marble Cookie		●wheat												
Marmalade Cake		●wheat		●										
Melon														
Mini-Shortbread with Strawberries & Cream		●wheat					●cream							
Mr Men Jelly														
Oat & Apricot Cookie		●wheat, oats												●
Oat & Cranberry Cookie		●wheat, oats												
Oat & Raisin Cookie		●wheat, oats												
Oat Cookie with Pineapple		●wheat, oats												
Oat Cookie with Grapes		●wheat, oats												
Oat Cookie with Melon Wedge		●wheat, oats												
Oat Cookie with Fresh Orange Wedge		●wheat, oats												
Ooey Goey Monster eye cookie		●wheat		●			●							
Orange and Lemon Drizzle Cake		●wheat												
Peaches & Cream							●cream							
Peaches & Yoghurt							●yoghurt							
Peach Melba Sponge		●wheat		●			●milk							
Peach Melba and Yoghurt							●yoghurt							
Pears with Chocolate Custard							●milk							
Pear & Chocolate Sponge		●wheat		●										
Pineapple Muffin		●wheat		●										
Pineapple Upside Down Cake		●wheat		●										
Pudsey Bear Shortbread Biscuit		●wheat		●										
Queen's Birthday Cake		●wheat		●										
Raspberries in Raspberry Jelly & Cream							●cream							
Raspberry blondie		●wheat		●										
Raisin Flapjack		●oats												
Rice Pudding							●milk							
Scone		●wheat					●milk							
Scone, Jam & Cream		●wheat					●milk, cream							
Shortbread and Fresh Pineapple		●wheat												
Shortbread and Grapes		●wheat												
Shortbread and Melon Wedge		●wheat												
Sticky Ginger Cake		●wheat												
Strawberry Milkshake							●milk							
Strawberry Smoothie							●yoghurt							
Sticky Toffee Pudding		●wheat		●										
Summer Fruit Muffin		●wheat		●			●milk							
Summer Fruit Window Cake		●wheat		●										
Tropical Fruit Crush & Yoghurt							●yoghurt							
Vanilla Sponge		●wheat		●										
Fruit Yoghurt							●yoghurt							

