Regular Main

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Beef Bolognaise														
Beef Burger	●	●wheat											●	●
Beef Burger (DAIRY,SOYA, GLUTEN FREE)														
Beef Meatballs (GG)		●wheat, barley												
Beff Meatballs (LFL)														
Beef Lasagne		● wheat					●cheese, milk							
Beef Stew	●	●wheat, barley												
Breaded Fishcake		● wheat			●									
Dumpling		● wheat												
Roll		● wheat												
Cheese & Ham Pasta Bake		● wheat					●cheese, milk							
Chicken Breast (GG)														
Chicken Casserole	●													
Chicken in Tomato Sauce	●													
Chicken & Tomato Pasta Bake	●	● wheat												
Chicken & Butternut Squash Curry	●						●cream							
Chicken & Pepper Pizza		●wheat					●cheese							
Chicken & Pesto Pasta		●wheat					●cheese							
Chicken & Rice One Pot														
Chicken Fajita & Wrap		●wheat												
Chicken & Vegetable Stir Fry		●wheat										●	●	
Chicken & Red Pepper Pizza		●wheat, cereal					●cheese, milk							
Creamy Chicken & Ham Pasta Bake		●wheat					●cheese, milk							
Creamy Chicken & S'corn Pasta Bake		●wheat					●cheese, milk							
Cottage Pie	●						●milk, butter							●
Fish Bubble Coated(taster)														
Fish in Batter		●wheat			●		●milk		●					
Fishfinger		●wheat			●									
Fish Goujons		●wheat			●				●					
Gammon Steak (GG)														
Ham & Cheese Pizza(incl mini muffin)		●wheat					●cheese							
Ham & Sweetcorn Pizza		●wheat					●cheese							
Ham & Pineapple Pizza		●wheat					●cheese							
Macaroni Cheese & Ham		●wheat					●cheese, milk							
Meatball Sub		●wheat												
Mild Beef Chilli														
Mild Chicken Curry														
Mild Chicken Korma	●						●milk							
Mild Chicken Tikka														
Pepperoni Pizza		●wheat, cereal					●cheese							
Pork & Apple Burger		●wheat											●	●
Pork Sausage		●wheat												●
Pork Sausage (gluten free)														
Pork Sausage Casserole		●wheat												
Pulled Pork														
Ploughman's with Ham		●wheat					● butter							
Roast Beef														
Roast Chicken														
Roast Gammon														
Roast Pork														
Roast Pork Steak														
Roast Turkey														
Salmon Fishfingers		●wheat, cereal			●									

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Sticky Chinese Chicken		●wheat											●	
Sweet & Sour Chicken		●wheat											●	●
Sweet & Sour Pork		●wheat											●	●
Tex Mex Turkey														
Tortilla Wrap		●wheat												
Turkey Curry														
Turkey Fajitas with Tortilla Wrap		●wheat												

Gluten Free

Beef Lasagne (GF lasagna)							●cheese, milk							
GF Beef Casserole	●						●cheese							
Cheese and Ham Pizza(GF base)							●cheese							
Cheese and Tomato Pizza (GF base)														
Fish Fingers (GF crumb)					●									
Macaroni Cheese & Ham (GF Pasta)							●cheese, milk							
Macaroni Cheese (GF pasta)							●cheese, milk							
GF Pork sausage														

Vegetarian Option

Bean Burger/Banger		●wheat		●										
Cauliflower Cheese							●cheese, milk							
Cauliflower & Broccoli Cheese							●cheese, milk							
Carrot and Coriander Falafel														
Cauliflower & Broccoli Bake							●cheese, milk							
Cheese & Courgette Burger/Saus/Balls		●wheat		●			●cheese, butter, milk		●					
Cheese & Leek Quiche		●wheat		●			●cheese, milk							
Cheese & Leek Burger/Sausage		●wheat		●			●cheese, butter, milk		●					
Cheese and Onion Pasty		●wheat		●			●milk							
Cheese & Onion Quiche		●wheat		●			●cheese, butter, milk							
Cheese & Tomato Pizza		●wheat					●cheese							
Cheese& Roast Veg Muffin Pizza		●wheat					●cheese							
Country Vegetable Pie	●	●wheat					●milk							
Courgette & Lentil Bake				●			●cheese, milk							
Courgette Sausage		●wheat		●			●cheese, butter							
Creamy Tomato Soup	●						●milk							
Crispy Vegetable Burger	●	●wheat												
Falafels														
Half Stuffed Pepper														
Homity Pie		●wheat					●cream, cheese							
Hummus														
Leek & Butterbean Bake							●cream, butter							
Leek & Cheese Sausage	●	●wheat		●			●cheese, milk		●			●		
Lentil Roast				●			●cheese							
Macaroni Cheese		●wheat					●cheese, milk							
Mediterranean Quiche		●wheat		●			●cheese, milk							
Mediterranean Slice		●wheat					●cheese							
Mild Vegetable Chilli	●													
Mild Vegetable Curry	●													
Sweet Potato Chickpea/Lentil Curry														
Mushroom Stroganoff	●						● milk							
Pesto							●cheese							
Ploughman's with Cheese		●wheat					●cheese, butter							
Quorn Balls		●wheat		●										
Quorn Chilli		●wheat		●										

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Quorn Fajitas with Tortilla Wrap		●wheat		●			●cheese, milk							
Quorn Sausage		●wheat		●			● milk							
Quorn & Vegetable Stir Fry		●wheat		●									●	
Ratatouille														
Roasted Leek Slice		●wheat					● milk							
Roasted Vegetable and Bean Bake		●wheat					●cheese							
Roast Vegetable Pizza		●wheat					●cheese							
Roasted Vegetable Slice		●wheat					● milk							
Sweet & Sour Vegetables		●wheat											●	●
Sweet Potato Falafels														
Three Bean Chilli														
Tomato Sauce (includes chunky veg)														
Tomato Sauce & Cheese							●cheese							
Vegetable Crumble		●wheat					●cheese, milk							
Vegetable Curry	●													
Vegetable Gratin	●	●wheat					●cheese, milk							
Roasted Vegetable Lasagne		●wheat					●cheese, milk							
Vegetable and Lentil Lasagne		●wheat					●cheese, milk							
Vegetable Loaf	●	●wheat					●butter							
Vegetable Mornay							●cheese, milk							
Vegetable Moussaka				●			●cheese, milk							
Vegetarian Bolognaise	●													
Vegetarian Cottage Pie							●butter, milk							●
Vegetarian Cheese topped Cottage Pie							●butter, milk, cheese							●
Vegetarian Cottage Pie (dairy free)														●
Vegetarian Roast		●wheat		●										
Vegetable Tagine														

Gluten Free

GF Vegetarian Lasgne														

Dairy Free

DF Vegetarian Cottage Pie														
DF Vegetarian Lasagne														

Jacket Potato and Fillings

Jacket Potato														
Butter (optional)							●butter							
Side Salad														
Beef Bolognaise														
Cheese & Coleslaw				●			●cheese							
Cheese & Onion				●			●cheese							
Cheese							●cheese							
Cheese & Beans							●cheese							
Chicken Mayonnaise				●										
Chicken & Sweetcorn Mayonnaise				●										
Coronation Chicken				●										
Egg Mayonnaise				●										
Ham & Cheese							●cheese							
Ham														
Mayonnaise				●										
Mild Beef Chilli														
Mild Beef Chilli and Cheese							●cheese							
Mild Veg Chilli	●													

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Rainbow Coleslaw and Cheese	●			●			●cheese							
Rainbow Coleslaw	●			●										
Ratatouille & Cheese							●cheese							
Ratatouille														
Three Bean Chilli														
Tuna & Sweetcorn Mayo				●	●									
Tuna Mayonnaise				●	●									
Turkey Curry														
Vegetarian Bolognaise	●													
Vegetable Curry	●													

Rolls and Fillings

Cheese & Onion Roll		●wheat		●			●butter, milk, cheese							
Cheese & Tomato Roll		●wheat					●butter, milk, cheese							
Hummus & Grated Carrot Roll		●wheat					●butter, milk							
Turkey & Salad Road		●wheat		●			●butter, milk							

Side Dishes

Apple Sauce														
Baked Beans														
Baguette		●wheat												
Bread - wholemeal (optional)		●wheat												
Brioche Bun		●wheat		●			●milk							
Brown Rice														
Corn Bread		●wheat												
Carrots														
Carrots & Swede mash							●butter							
Chips														
Colourful Rice														
Corn Bread		●wheat												
Cous Cous		●wheat												
Cranberry Sauce														
Crispy Potatoes														
Crudites														
Garlic Bread		●wheat					●butter							
Gravy (optional)	●	●wheat, barley											●	
Gravy (Vegetarian)	●	●wheat											●	
Green Beans														
Half Jacket & Butter														
Homemade Tomato Ketchup	●													
Ketchup (optional)														
Mashed Potatoes							●milk, butter							●
Naan Bread		●wheat					●milk							
New Potatoes														
Pasta (gluten free)														
Pasta / Tricolour		●wheat												
Tricolour Pasta Salad		●wheat		●										
Peas														
Pitta Bread		●wheat												
Pineapple Ring														
Rainbow Coleslaw	●			●										
Roast Potatoes														●
Mini Sausage (with Christmas dinner)		●wheat												●

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Sprouts														
Sliced Potato Bake	●						●butter							
Stuffing	●	●wheat					●milk							
Sweetcorn														
Vegetable Medley														
Wedges														
Wholemeal Pasta		●wheat												
Winter Slaw				●										
Yorkshire Pudding (optional)		●wheat		●			●milk							

Gluten Free

GF Gravy														●
GF Pasta														

Dairy Free

Mashed Potatoes														

Packed Lunch

Cheese Sandwich		●wheat					●cheese, milk							
Packed Lunch Ham		●wheat					●milk							
Packed Lunch Tuna Mayo		●wheat					●milk							
Packed Lunch Hummus		●wheat					●milk							

Dessert

Apple & Blackberry Crumble		●wheat, oats												
Apple & Blackberry Cobbler		●wheat		●			●milk							
Apple & Date Crumble		●wheat, oats												●
Apple & Date Slice		●wheat, oats												
Apple & Raspberry Crumble		●wheat, oats												
Apple & Raspberry Sponge		●wheat		●										
Apple & Rhubarb Crumble		●wheat, oats												
Apple Crumble		●wheat, oats												
Banana & Custard							●milk							
Banana & Date Cake		●wheat		●										●
Blackberry Sponge		●wheat		●										
Catherine Wheel Cookie		●wheat												
Carrot Cake		●wheat		●										
Cherry Flapjack		●oats												
Cherry Shortbread		●wheat												
Chocolate Brownie		●wheat		●										●
Chocolate Shortbread		●wheat												
Chocolate Cake		●wheat		●										
Chocolate Custard							●milk							
Chocolate Easter Crispy Cake							●milk						●	
Chocolate Crispy Cake							●milk							
Chocolate Raspberry Cake		●wheat		●										
Chocolate Pudding (Gooey)		●wheat		●			●milk							
Christmas Cookie		●wheat, oats					●milk							
Christmas Cookie (DF)		●wheat, oats												
Cream (optional)							●cream							
Custard (optional)							●milk							
Date and Chocolate Brownie		●wheat		●										●
Date and Ginger Slice		●wheat		●										●
Date Flapjack		●oats												●

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Date Slice		●oats, wheat												●
Dorset Apple Cake		●wheat		●										
Fruit Compote & Cream							●cream							
Fruit Compote & Custard							●milk							
Berry Fruit Compote & Yoghurt							●yoghurt							
Flapjack		●oats												
Fresh Watermelon Wedge														
Fruit Compote														
Fruit Platter / Medley														
Fruity Chocolate Crispy Cake							●milk							●
Fruity Chocolate Easter Crispy Cake							●milk						●	●
Fruity Chocolate Tiffin		●wheat					●milk							●
Ginger Biscuit		●wheat												
Homemade Scone with Jam & Cream		●wheat					●milk, cream							
Iced Cup/Sponge Cake		●wheat		●										
Iced Birthday Cup Cake		●wheat		●										
Jam Sponge		●wheat		●										
Jammy cupcake		●wheat		●			●milk							
Jelly with Cream							●cream							
Jelly with Fruit														
Lemon Shortbread		●wheat												
Lemon Drizzle Cake		●wheat												
Lemon Sponge		●wheat		●										
Lemon Surprise Pudding		●wheat		●			●milk							
Mandarins in Orange Jelly														
Mango Smoothie							●yoghurt							
Marble Cookie		●wheat												
Marmalade Cake		●wheat		●										
Melon														
Mini-Shortbread with Strawberries & Cream		●wheat					●cream							
Mr Men Jelly														
Oat & Apricot Cookie		●wheat, oats												●
Oat & Cranberry Cookie		●wheat, oats												
Oat & Raisin Cookie		●wheat, oats												
Oat Cookie with Pineapple		●wheat, oats												
Oat Cookie with Grapes		●wheat, oats												
Oat Cookie with Melon Wedge		●wheat, oats												
Oat Cookie with Fresh Orange Wedge		●wheat, oats												
Orange and Lemon Drizzle Cake		●wheat												
Peaches & Cream							●cream							
Peaches & Yoghurt							●yoghurt							
Peach Melba Sponge		●wheat		●			●milk							
Peach Melba and Yoghurt							●yoghurt							
Pears with Chocolate Custard							●milk							
Pear & Chocolate Sponge		●wheat		●										
Pineapple Muffin		●wheat		●										
Pineapple Upside Down Cake		●wheat		●										
Pudsey Bear Shortbread Biscuit		●wheat		●										
Raspberries in Raspberry Jelly & Cream							●cream							
Raisin Flapjack		●oats												
Scone		●wheat					●milk							
Scone, Jam & Cream		●wheat					●milk, cream							
Shortbread and Fresh Pineapple		●wheat												
Shortbread and Grapes		●wheat												

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Shortbread and Melon Wedge		●wheat												
Sticky Ginger Cake		●wheat												
Strawberry Milkshake							●milk							
Strawberry Smoothie							●yoghurt							
Sticky Toffee Pudding		●wheat		●										
Summer Fruit Muffin		●wheat		●			●milk							
Summer Fruit Window Cake		●wheat		●										
Tropical Fruit Crush & Yoghurt							●yoghurt							
Vanilla Sponge		●wheat		●										
Fruit Yoghurt							●yoghurt							

Gluten Free

GF Crumble														

Dairy Free

Custard														●