

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
Ratatouille														
Roasted Leek Slice		●wheat					●milk							
Roasted Vegetable and Bean Bake		●wheat					●cheese							
Roast Vegetable Pizza		●wheat					●cheese							
Roasted Vegetable Slice		●wheat					●milk							
Sweet & Sour Vegetables		●wheat											●	●
Sweet Potato Falafels														
Three Bean Chilli														
Tomato Sauce (includes chunky veg)														
Tomato Sauce & Cheese							●cheese							
Vegetable Crumble		●wheat					●cheese, milk							
Vegetable Curry	●													
Vegetable Gratin	●	●wheat					●cheese, milk							
Roasted Vegetable Lasagne		●wheat					●cheese, milk							
Vegetable and Lentil Lasagne		●wheat					●cheese, milk							
Vegetable Loaf	●	●wheat					●butter							
Vegetable Mornay							●cheese, milk							
Vegetable Moussaka				●			●cheese, milk							
Vegetarian Bolognese	●													
Vegetarian Cottage Pie							●butter, milk							●
Vegetarian Cheese topped Cottage Pie							●butter, milk, cheese							●
Vegetarian Cottage Pie (dairy free)														●
Vegetarian Roast		●wheat		●										
Vegetable Tagine														

Gluten Free

GF Vegetarian Lasagne														
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Dairy Free

DF Vegetarian Cottage Pie														
DF Vegetarian Lasagne														

Jacket Potato and Fillings

Jacket Potato														
Butter (optional)							●butter							
Side Salad														
Beef Bolognese														
Cheese & Coleslaw				●			●cheese							
Cheese & Onion				●			●cheese							
Cheese							●cheese							
Cheese & Beans							●cheese							
Chicken Mayonnaise				●										
Chicken & Sweetcorn Mayonnaise				●										
Coronation Chicken				●										
Egg Mayonnaise				●										
Ham & Cheese							●cheese							
Ham														
Mayonnaise				●										
Mild Beef Chilli														
Mild Beef Chilli and Cheese							●cheese							
Mild Veg Chilli	●													
Rainbow Coleslaw and Cheese	●			●			●cheese							
Rainbow Coleslaw	●			●										
Ratatouille & Cheese							●cheese							

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
Ratatouille														
Three Bean Chilli														
Tuna & Sweetcorn Mayo				•	•									
Tuna Mayonnaise				•	•									
Turkey Curry														
Vegetarian Bolognese	•													
Vegetable Curry	•													

Rolls and Fillings

Cheese & Onion Roll		•wheat		•			•butter, milk, cheese							
Cheese & Tomato Roll		•wheat					•butter, milk, cheese							
Hummus & Grated Carrot Roll		•wheat					•butter, milk							
Turkey & Salad Road		•wheat		•			•butter, milk							

Side Dishes

Apple Sauce														
Baked Beans														
Baguette		•wheat												
Bread - wholemeal (optional)		•wheat												
Brioche Bun		•wheat		•			•milk							
Brown Rice														
Corn Bread		•wheat												
Carrots														
Carrots & Swede mash							•butter							
Chips														
Colourful Rice														
Corn Bread		•wheat												
Cous Cous		•wheat												
Cranberry Sauce														
Crispy Potatoes														
Crudites														
Garlic Bread		•wheat					•butter							
Gravy (optional)	•	•wheat, barley											•	
Gravy (Vegetarian)	•	•wheat											•	
Green Beans														
Half Jacket & Butter														
Homemade Tomato Ketchup	•													
Ketchup (optional)														
Mashed Potatoes							•milk, butter							•
Naan Bread		•wheat					•milk							
New Potatoes														
Pasta (gluten free)														
Pasta / Tricolour		•wheat												
Tricolour Pasta Salad		•wheat		•										
Peas														
Pitta Bread		•wheat												
Pineapple Ring														
Rainbow Coleslaw	•			•										
Roast Potatoes														•
Mini Sausage (with Christmas dinner)		•wheat												•
Sprouts														
Sliced Potato Bake	•						•butter							
Stuffing	•	•wheat					•milk							

	celery	cereals containing gluten	crustaceans	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
Sweetcorn														
Vegetable Medley														
Wedges														
Wholemeal Pasta		●wheat												
Winter Slaw				●										
Yorkshire Pudding (optional)		●wheat		●			●milk							

Gluten Free

GF Gravy														●
GF Pasta														

Dairy Free

Mashed Potatoes														
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Packed Lunch

Cheese Sandwich		●wheat					●cheese, milk							
Packed Lunch Ham		●wheat					●milk							
Packed Lunch Tuna Mayo		●wheat					●milk							
Packed Lunch Hummus		●wheat					●milk							

Dessert

Apple & Blackberry Crumble		●wheat, oats												
Apple & Blackberry Cobbler		●wheat		●			●milk							
Apple & Date Crumble		●wheat, oats												●
Apple & Date Slice		●wheat, oats												
Apple & Raspberry Crumble		●wheat, oats												
Apple & Raspberry Sponge		●wheat		●										
Apple & Rhubarb Crumble		●wheat, oats												
Apple Crumble		●wheat, oats												
Banana & Custard							●milk							
Banana & Date Cake		●wheat		●										●
Blackberry Sponge		●wheat		●										
Catherine Wheel Cookie		●wheat												
Carrot Cake		●wheat		●										
Cherry Flapjack		●oats												
Cherry Shortbread		●wheat												
Chocolate Brownie		●wheat		●										●
Chocolate Shortbread		●wheat												
Chocolate Cake		●wheat		●										
Chocolate Custard							●milk							
Chocolate Easter Crispy Cake							●milk						●	
Chocolate Crispy Cake							●milk							
Chocolate Raspberry Cake		●wheat		●										
Chocolate Pudding (Goosey)		●wheat		●			●milk							
Christmas Cookie		●wheat, oats					●milk							
Christmas Cookie (DF)		●wheat, oats												
Cream (optional)							●cream							
Custard (optional)							●milk							
Date and Chocolate Brownie		●wheat		●										●
Date and Ginger Slice		●wheat		●										●
Date Flapjack		●oats												●
Date Slice		●oats, wheat												●
Dorset Apple Cake		●wheat		●										
Fruit Compote & Cream							●cream							

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
Fruit Compote & Custard							●milk							
Berry Fruit Compote & Yoghurt							●yoghurt							
Flapjack		●oats												
Fresh Watermelon Wedge														
Fruit Compote														
Fruit Platter / Medley														
Fruity Chocolate Crispy Cake							●milk							●
Fruity Chocolate Easter Crispy Cake							●milk						●	●
Fruity Chocolate Tiffin		●wheat					●milk							●
Ginger Biscuit		●wheat												
Homemade Scone with Jam & Cream		●wheat					●milk, cream							
Iced Cup/Sponge Cake		●wheat		●										
Iced Birthday Cup Cake		●wheat		●										
Jam Sponge		●wheat		●										
Jammy cupcake		●wheat		●			●milk							
Jelly with Cream							●cream							
Jelly with Fruit														
Lemon Shortbread		●wheat												
Lemon Drizzle Cake		●wheat												
Lemon Sponge		●wheat		●										
Lemon Surprise Pudding		●wheat		●			●milk							
Mandarins in Orange Jelly														
Mango Smoothie							●yoghurt							
Marble Cookie		●wheat												
Marmalade Cake		●wheat		●										
Melon														
Mini-Shortbread with Strawberries & Cream		●wheat					●cream							
Oat & Apricot Cookie		●wheat, oats												●
Oat & Cranberry Cookie		●wheat, oats												
Oat & Raisin Cookie		●wheat, oats												
Oat Cookie with Pineapple		●wheat, oats												
Oat Cookie with Grapes		●wheat, oats												
Oat Cookie with Melon Wedge		●wheat, oats												
Oat Cookie with Fresh Orange Wedge		●wheat, oats												
Orange and Lemon Drizzle Cake		●wheat												
Peaches & Cream							●cream							
Peaches & Yoghurt							●yoghurt							
Peach Melba Sponge		●wheat		●			●milk							
Peach Melba and Yoghurt							●yoghurt							
Pears with Chocolate Custard							●milk							
Pear & Chocolate Sponge		●wheat		●										
Pineapple Muffin		●wheat		●										
Pineapple Upside Down Cake		●wheat		●										
Pudsey Bear Shortbread Biscuit		●wheat		●										
Raspberries in Raspberry Jelly & Cream							●cream							
Raisin Flapjack		●oats												
Scone		●wheat					●milk							
Scone, Jam & Cream		●wheat					●milk, cream							
Shortbread and Fresh Pineapple		●wheat												
Shortbread and Grapes		●wheat												
Shortbread and Melon Wedge		●wheat												
Sticky Ginger Cake		●wheat												
Strawberry Milkshake							●milk							
Strawberry Smoothie							●yoghurt							

