De culer Main	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Regular Main	-							r		1				
Beef Bolognaise	_													
Beef Burger	•	● wheat											٠	•
Beef Burger (DAIRY,SOYA, GLUTEN FREE)									 					
Beef Meatballs		●wheat, barley							 					
Beef Lasagne	_	wheat					●cheese, milk							
Beef Stew	•	•wheat, barley												
Dumpling	_	wheat												
Roll	_	wheat												
Chicken Casserole	•													
Chicken in Tomato Sauce	•													
Chicken & Tomato Pasta Bake	•	 wheat 												
Chicken & Butternut Squash Curry	•						●cream							
Chicken & Pepper Pizza		● wheat					● cheese							
Chicken & Pesto Pasta		● wheat					● cheese							
Chicken & Rice One Pot														
Chicken Fajita & Wrap		● wheat												
Chicken & Vegetable Stir Fry		● wheat										•	•	
Creamy Chicken & Ham Pasta Bake		● wheat					●cheese, milk							
Creamy Chicken & S'corn Pasta Bake		● wheat					●cheese, milk							
Cottage Pie	•						●milk, butter							•
Fish Bubble Coated(taster)														
Fish in Batter		● wheat			٠		●milk		٠					
Fishfinger		● wheat			٠									
Ham & Cheese Pizza(incl mini muffin)		● wheat					● cheese							
Ham & Sweetcorn Pizza		● wheat					● cheese							
Ham & Pineapple Pizza		● wheat					● cheese							
Macaroni Cheese & Ham		● wheat					●cheese, milk							
Mild Beef Chilli														
Mild Chicken Curry														
Pepperoni Pizza		•wheat, cereal					●cheese							
Pork & Apple Burger		● wheat											٠	٠
Pork Sausage		● wheat												٠
Pork Sausage (gluten free)														
Pork Sausage Casserole		● wheat												
Pulled Pork														
Ploughman's with Ham		● wheat					• butter							
Roast Beef								1						
Roast Chicken														
Roast Gammon														
Roast Pork														
Roast Pork Steak														
Roast Turkey														
Salmon Fishfingers		 wheat, cereal 			•			1						
Sticky Chinese Chicken		•wheat											•	
Sweet & Sour Chicken	+	• wheat											•	•
Sweet & Sour Pork	+	• wheat											•	•
Tex Mex Turkey	+	- wriedt							┢──┙				-	-
· · · · · · · · · · · · · · · · · · ·		●wheat							\vdash					
Tortilla Wrap	+								\vdash					
Turkey Curry		1						I						
Gluten Free		1					• · · · · ·	T	<u> </u>	r				 1
Beef Lasagne (GF lasagna)	-						●cheese, milk		├ ──					
GF Beef Casserole	•						● cheese							

Clesse and Tomato Truck (GP base) Image: Section of the		1	[T		r r	• shares	1	1	1	1		
Init negres (or cumb) Image of the set of the se	Cheese and Ham Pizza(GF base)						●cheese						┟───┤
Inscarce Creek Alem (of Parka) Image of Parka and Parka													┢──┤
Instantion Checker, (167 posta) Image						•	.						┟───┤
Der Porskansage Der Ausgefähniger Office Der Ausgefähniger Der Ausgefähn													┟───┤
Vegetrian Option Ban Burger/Langer							●cheese, milk						┢──┤
Send Burger/Banger Image: Send Burger/Banger <thimage: banger<="" burger="" send="" th=""> Image: Sen</thimage:>	<u>.</u>												L
Continuer Cheese Image: Second		1		1		<u> </u>		r	1	r	1		
Cullifoure & Broccoll Cheese Image: Second Cheese I			● wheat		•								
Carrot and Cottander. Falafel Perform P													<u> </u>
Caulifiower & Broccoli Gratin •wheat •cheese, butter, milk •cheese, butter, milk Cheese & Leek Burger/Suuzga •wheat •cheese, butter, milk Cheese & Leek Burger/Suuzga •wheat •cheese, butter, milk Cheese & Leek Burger/Suuzga •wheat •cheese, butter, milk Cheese & Constar Dirza •wheat •cheese, butter, milk Cheese & Romato Pirza •wheat •cheese, anik Courgette & Lentil Bake Courgette Suaage Harinso Courgette & Lentil Bake <t< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td>●cheese, milk</td><td></td><td></td><td></td><td></td><td></td><td><u> </u></td></t<>							●cheese, milk						<u> </u>
Cheese & Courgette Burger/Soux/Balls • wheat • • cheese, butter, milk • <td></td> <td> </td>													
Cheese & Leek Burger/Sausage • wheat • • • ethese, butter, mik •													
Checke & Letter Burger/Sausage • wheat • • checke, butter, mik. •								 •					<u> </u>
Cheese & Onion Quiche • whoat • whoat • cheeses, houter, milk • cheese • cheese Cheese & Tomato Pitza • whoat • cheese · cheese					-		●cheese, milk						
Cheese & Tomato Pizza •wheat •heat •cheese · · Cheese & Roast. Veg Muffin Pizza •wheat •cheese ·			● wheat					•					
Cheese& Roast Veg Muffin Pizza •wheat •cheese •nik Courry Vegetable Pie •wheat •enik • Courgette & Lenes, mik • •cheese, mik • Courgette Sausage •wheat •cheese, mik • Caurgette Sausage •wheat • •cheese, mik • Staffed Pepper •wheat •cheese, mik • • Hummus •wheat •cream, cheese • • Hummus •wheat •cream, cheese • • Leek & Butterbean Bake •wheat •cream, butter • • Leek & Butterbean Bake •wheat •cream, butter • • Leek & Butterbean Bake •wheat •cream, butter • • Madaroni Cheese •wheat •cream, butter • • Mediterranean Cluche •wheat •cheese, mik • • Mid Vegetable Chilli • • •cheese • • Mid Vegetable Chilli • •wheat •cheese • • Mid Vege	Cheese & Onion Quiche		● wheat		٠		●cheese, butter, milk						
Country Vegetable Pie ● ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■	Cheese & Tomato Pizza		● wheat				● cheese						
Chargette Sussage Owner	Cheese& Roast Veg Muffin Pizza		● wheat	<u> </u>			● cheese	<u> </u>	<u> </u>	<u> </u>			
Courgette Sausage • wheat • • Cheese, butter I <thi< th=""></thi<>		•	● wheat	<u> </u>			●milk						
Crisy Vegetable Burger •	Courgette & Lentil Bake			<u> </u>	٠		●cheese, milk						
Falafels			● wheat	 	٠	\square	●cheese, butter						
Half Stuffed Pepper Wheat Orean, cheese <l< td=""><td>Crispy Vegetable Burger</td><td>٠</td><td>● wheat</td><td>1</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></l<>	Crispy Vegetable Burger	٠	● wheat	1									
Homity Pie •wheat •cream, cheese • • Hummus • •cream, cheese • • Leek & Butterbean Bake • •cream, butter • • Leek & Busterbean Bake • •cream, butter • • Leek & Cheese Sausage • •wheat • •cheese, milk • • Leek & Cheese Auguste • •cheese, milk • • • • Macaroni Cheese • •wheat • •cheese, milk • • • Mediterranean Sitce •wheat • •cheese •	Falafels			1									
Hummus Image: Constraint of the set of the	Half Stuffed Pepper												
Leek & Butterbean Bake • <td>Homity Pie</td> <td></td> <td>● wheat</td> <td></td> <td></td> <td></td> <td>●cream, cheese</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>	Homity Pie		● wheat				●cream, cheese						
Leek & Cheese Sausage •	Hummus												
InterfaceInterfaceInterfaceMacaroni CheeseImageImageImageMacaroni CheeseImageImageImageMacaroni CheeseImageImageImageMediterranean QuicheImageImageImageMediterranean SliceImageImageImageMild Vegetable ChilliImageImageImageMild Vegetable ChilliImageImageImageMild Vegetable ChilliImageImageImageSweet Potato Chickpea/Lentil CurryImageImageImageMushroom StroganoffImageImageImagePestoImageImageImageImageQuorn BallsImageImageImageImageQuorn ChilliImageImageImageImageQuorn SusageImageImageImageImageQuorn SusageImageImageImageImageQuorn SusageImageImageImageImageQuorn ChilliImageImageImageImageRatatouilleImageImageImageImageRoast Vegetable and Bean BakeImageImageImageSweet Potato FalafelsImageImageImageImageImageImageImageImageSweet Potato FalafelsImageImageImageImageImageImageImageImageSweet Potato FalafelsImageImageImage <t< td=""><td>Leek & Butterbean Bake</td><td></td><td></td><td></td><td></td><td></td><td>●cream, butter</td><td></td><td></td><td></td><td></td><td></td><td></td></t<>	Leek & Butterbean Bake						●cream, butter						
Macaroni Cheese •wheat •cheese, milk • Mediterranean Quiche •wheat •cheese, milk • Mediterranean Silce •wheat •cheese • Mild Vegetable Chilli • • • Mild Vegetable Chilli • • • • Mild Vegetable Curry • • • • • Sweet Potato Chickpea/Lentil Curry • • • • • • Mushroom Stroganoff •	Leek & Cheese Sausage	•	● wheat		٠		●cheese, milk	٠			•		
Mediterranean Quiche • wheat • cheese, milk Image: Cheese Mediterranean Silce • wheat • cheese Image: Cheese Image: Cheese Mild Vegetable Chilli • • cheese Image: Cheese <td>Lentil Roast</td> <td></td> <td></td> <td></td> <td>٠</td> <td></td> <td>● cheese</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>	Lentil Roast				٠		● cheese						
Mediterranean Siice •wheat •cheese • • Mild Vegetable Curry • • • • • • • Sweet Potato Chickpea/Lentil Curry •	Macaroni Cheese		● wheat				●cheese, milk						
Mild Vegetable Chilli •	Mediterranean Quiche		● wheat		٠		●cheese, milk						
Mild Vegetable Curry •	Mediterranean Slice		● wheat				●cheese						
Sweet Potato Chickpea/Lentil Curry Image: Constraint of the system o	Mild Vegetable Chilli	•											
Mushroom Stroganoff •	Mild Vegetable Curry	٠											
Pesto • cheese cheese • ch	Sweet Potato Chickpea/Lentil Curry												
Ploughman's with Cheese• wheat• Cheese, butter· · · · · · · · · · · · · · · · · · ·	Mushroom Stroganoff	•					● milk						
Quorn Balls • wheat •	Pesto						● cheese						
Quorn Chilli• wheat•••••Quorn Susage• wheat••• milk•••Quorn & Vegetable Stir Fry• wheat•••••••Ratatouille•• </td <td>Ploughman's with Cheese</td> <td></td> <td>● wheat</td> <td></td> <td></td> <td></td> <td>●cheese, butter</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>	Ploughman's with Cheese		● wheat				●cheese, butter						
Quorn Sausage•wheat••milkIIIQuorn & Vegetable Stir Fry•wheat••	Quorn Balls		● wheat		٠								
Quorn & Vegetable Stir Fry • wheat •	Quorn Chilli		● wheat		٠								
RatatouilleImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemRoasted Vegetable and Bean BakeImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemRoast Vegetable PizzaImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemSweet & Sour VegetablesImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemSweet Potato FalafelsImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemSweet Potato FalafelsImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemSweet Potato FalafelsImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemTomato Sauce & CheeseImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemVegetable CurryImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemVegetable CurryImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemImage: constraint of the systemVegetable CurryImage: constraint of the systemImage: constraint of the s	Quorn Sausage		● wheat		٠		● milk						
Roasted Vegetable and Bean Bake•wheat•cheese•cheeseRoast Vegetable Pizza•wheat•cheese•cheese•Sweet & Sour Vegetables•wheat••cheese•Sweet Potato Falafels•wheat•••Three Bean Chilli••••Tomato Sauce (includes chunky veg)••••Tomato Sauce & Cheese••••Vegetable Crumble••••Vegetable Gratin••••Roasted Vegetable Lasagne••••Vegetable Lasagne••••<	Quorn & Vegetable Stir Fry		● wheat		٠							•	
Roast Vegetable Pizza• wheat• cheese• IISweet & Sour Vegetables• wheat• I• I• ISweet A Sour Vegetables• wheat• I• I• ISweet Potato FalafelsIIIIIThree Bean ChilliIIIIIITomato Sauce (includes chunky veg)IIIIIITomato Sauce & CheeseIIIIIIIVegetable Crumble• wheat• CheeseIIIIVegetable Gratin• WheatIIIIIIRoasted Vegetable Lasagne• wheat• Cheese, milkIIIIVegetable Loaf• WheatIIIIIIIVegetable Loaf• WheatIIIIIIIImage: Description of the set o	Ratatouille												
Sweet & Sour Vegetables • wheat • wheat • wheat • • • Sweet Potato Falafels • • • • • • • • • • • Three Bean Chilli • • • • • • • • • • • • • Tomato Sauce (includes chunky veg) • • • • • • • • • • • • • • • • • • • • • • • •	Roasted Vegetable and Bean Bake		● wheat				● cheese						
Sweet Potato Falafels Image: Sweet Potato Falafels <t< td=""><td>Roast Vegetable Pizza</td><td></td><td>● wheat</td><td></td><td></td><td></td><td>● cheese</td><td></td><td></td><td></td><td></td><td></td><td></td></t<>	Roast Vegetable Pizza		● wheat				● cheese						
Three Bean Chilli Image: Constraint of the sector of t	Sweet & Sour Vegetables		● wheat									٠	٠
Tomato Sauce (includes chunky veg) Image: style="text-align: center;">Image: style="text-align: style="text-align: center;">Image: style="text-align: style="text-align: center;">Image: style="text-align: center;">Image: style="text-align: style="text-align: center;">Image: style="text-align: style="text-align: center;">Image: style="text-align: style="text-align: center;">Image: style="text-align: style="text-align: style="text-align: center;">Image: style="text-align: style="text-align: style="text-align: center;">Image: style="text-align: style="	Sweet Potato Falafels												
Tomato Sauce & Cheese •	Three Bean Chilli												
Tomato Sauce & Cheese •				1					1				
Vegetable Crumble • wheat • cheese, milk •	· · · · · ·	1		1			●cheese		1				
Vegetable Curry •			●wheat	1									
Vegetable Gratin • wheat • cheese, milk • c		•		1									
Roasted Vegetable Lasagne • wheat • cheese, milk		-	●wheat	1			●cheese, milk						
Vegetable and Lentil Lasagne • wheat • cheese, milk • cheese, milk • cheese, milk				1									
Vegetable Loaf				1									
		•		1									
	Vegetable Mornay			1			●cheese, milk						
Vegetable Moussaka				1	•								

Vegetarian Bolognaise	•										
Vegetarian Cottage Pie							●butter, milk				٠
Vegetarian Cheese topped Cottage Pie							●butter, milk, cheese				٠
Vegetarian Cottage Pie (dairy free)											٠
Vegetarian Roast		● wheat		•							
Vegetable Tagine											
Gluten Free							-				
GF Vegetarian Lasgne											
Dairy Free											
DF Vegetarian Cottage Pie											
DF Vegetarian Lasagne											
Jacket Potato and Fillings											
Jacket Potato											
Butter (optional)							●butter				
Side Salad											
Beef Bolognaise											
Cheese & Coleslaw				•			●cheese				
Cheese & Onion				•			●cheese				
Cheese							●cheese				
Cheese & Beans							●cheese				
Chicken & Sweetcorn Mayonnaise				•							
Coronation Chicken				•							
Egg Mayonnaise				•							
Ham & Cheese							●cheese				
Ham											
Mayonnaise				•							
Mild Beef Chilli											
Mild Beef Chilli and Cheese							●cheese				
Rainbow Coleslaw and Cheese	•			•			●cheese				
Rainbow Coleslaw	•			•							
Ratatouille & Cheese							●cheese				
Tuna & Sweetcorn Mayo				•	•						
Tuna Mayonnaise				•	•						
Turkey Curry											
Vegetarian Bolognaise	•										
Vegetable Curry	•		ΙĪ			_]	

Side Dishes	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Apple Sauce														
Baked Beans														
Baguette		● wheat												
Bread - wholemeal (optional)		● wheat												
Brioche Bun		● wheat		٠			●milk							
Brown Rice														
Corn Bread		● wheat												
Carrots														
Carrots & Swede mash							●butter							
Chips														
Corn Bread		● wheat												
Cous Cous		● wheat												
Cranberry Sauce														
Crispy Potatoes														

Crudites										
Garlic Bread		● wheat			●butter		1			
Gravy (optional)	•	•wheat, barley							•	
Gravy (Vegetarian)	•	● wheat							•	
Green Beans										
Half Jacket & Butter										
Homemade Tomato Ketchup	•									
Ketchup (optional)	•									
Mashed Potatoes					●milk, butter					•
Naan Bread		● wheat			●milk					
New Potatoes										
Pasta (gluten free)										
Pasta / Tricolour		● wheat								
Tricolour Pasta Salad		● wheat	٠							
Peas										
Pitta Bread		● wheat								
Rainbow Coleslaw	•		•							
Roast Potatoes										•
Mini Sausage (with Christmas dinner)		● wheat								•
Sprouts										
Sliced Potato Bake	•				●butter					
Stuffing	•	● wheat			●milk					
Sweetcorn										
Vegetable Medley										
Wedges										
Wholemeal Pasta		● wheat								
Winter Slaw			•							
Yorkshire Pudding (optional)		● wheat	•		●milk					
Gluten Free										
GF Gravy										•
GF Pasta										
Dairy Free										
Mashed Potatoes										
Packed Lunch						 				
Cheese Sandwich		● wheat			●cheese, milk					
Packed Lunch Ham		● wheat			●milk					
Packed Lunch Tuna Mayo		● wheat			●milk					
Packed Lunch Hummus		● wheat			●milk					

Dessert

Apple & Blackberry Crumble	●whea	t, oats							
Apple & Blackberry Cobbler	●wł	eat	•		●milk				
Apple & Date Crumble	●whea	t, oats							٠
Apple & Date Slice	●whea	t, oats							
Apple & Raspberry Crumble	●whea	t, oats							
Apple & Raspberry Sponge	●wł	leat	•						
Apple & Rhubarb Crumble	●whea	t, oats							
Apple Crumble	●whea	t, oats							
Banana & Custard					●milk				
Banana & Date Cake	●wł	eat	•						•
Blackberry Sponge	●wł	ieat	•						
Catherine Wheel Cookie	●wł	ieat							
Carrot Cake	●wł	ieat	•						
Cherry Flapjack	•o	ats							
Cherry Shortbread	●wł	ieat							
Chocolate Brownie	●wł	ieat	•						٠
Chocolate Shortbread	●wł	ieat							
Chocolate Custard					●milk				

Chapplata Eastar Criggy Cale					<u> </u>	●milk	1	Т			r	•	
Chocolate Easter Crispy Cake							-					•	
Chocolate Crispy Cake			 •			●milk	-						
Chocolate Raspberry Cake		● wheat	 •			•	-						
Cream (optional)						• cream	-						
Custard (optional)			_			●milk	_						_
Date and Chocolate Brownie	_	● wheat	•				_						•
Date and Ginger Slice	_	● wheat	•				_						•
Date Flapjack	_	• oats					_						•
Date Slice	_	●oats, wheat					_						•
Dorset Apple Cake		● wheat	•			●milk	_						
Fruit Compote & Cream						●cream	_						
Fruit Compote & Custard	_					●milk	_						
Berry Fruit Compote & Yoghurt	_					●yoghurt	_						
Flapjack	_	● oats											
Fruit Platter / Medley													
Fruity Chocolate Crispy Cake	\parallel					●milk		<u> </u>					٠
Fruity Chocolate Easter Crispy Cake						●milk		1				٠	٠
Fruity Chocolate Tiffin		● wheat				●milk							٠
Ginger Biscuit	\square	● wheat		-						L			
Iced Cup/Sponge Cake		● wheat	٠										
Iced Birthday Cup Cake		● wheat	٠										
Jam Sponge		● wheat	٠										
Jammy cupcake		● wheat	٠			●milk							
Jelly with Cream						●cream							
Jelly with Fruit													
Lemon Shortbread		●wheat											
Lemon Drizzle Cake		●wheat											
Lemon Sponge		● wheat	٠										
Lemon Surprise Pudding		●wheat	٠			●milk							
Mandarins in Orange Jelly													
Mango Smoothie						●yoghurt							
Marble Cookie		● wheat											
Marmalade Cake		● wheat	٠										
Oat & Apricot Cookie		•wheat, oats											٠
Oat & Cranberry Cookie		•wheat, oats											
Oat & Raisin Cookie		•wheat, oats											
Oat Cookie with Pineapple		•wheat, oats											
Oat Cookie with Grapes		•wheat, oats											
Oat Cookie with Melon Wedge		•wheat, oats											
Orange and Lemon Drizzle Cake		● wheat											
Peaches & Cream						●cream							
Peaches & Yoghurt						●yoghurt							
Peach Melba Sponge		●wheat	•			●milk							
Peach Melba and Yoghurt						●yoghurt							
Pears with Chocolate Custard						● milk							
Pear & Chocolate Sponge		●wheat	•			- 11118		1					
Pineapple Muffin		• wheat	•					1					
Pineapple Upside Down Cake	+	• wheat	•	\vdash			+	1					
Pudsey Bear Shortbread Biscuit		• wheat	•					+					
Raspberries in Raspberry Jelly & Cream	+	wiledt	-	\vdash		●cream	+	1					
Raisin Flapjack	+	●oats		\vdash		- CIEdili		1					
· · ·								1					
Shortbread and Fresh Pineapple	+	● wheat		┝─┼									
Shortbread and Grapes		wheat		\vdash			_						
Shortbread and Melon Wedge		● wheat		\vdash									
Sticky Ginger Cake	+	● wheat		\vdash			_						
Strawberry Milkshake	+			\vdash		●milk	_						
Strawberry Smoothie	+		-	+ +		●yoghurt	_						
Sticky Toffee Pudding		● wheat	٠					1					

Summer Fruit Window Cake	● wheat	•						
Tropical Fruit Crush & Yoghurt				●yoghurt				
Vanilla Sponge	● wheat	٠						
Fruit Yoghurt				●yoghurt				
Gluten Free								
GF Crumble								
Dairy Free								
Custard								•