Beef Bolgraise		celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Beef Burger	Regular Main		1						_						
Beef Burger ( DAIRY, SOYA, GLUTEN FREE)															
Deef Meatballs		•	●wheat											•	•
Seef Lasagne	Beef Burger ( DAIRY,SOYA, GLUTEN FREE)														
Seef Stew	Beef Meatballs		•wheat, barley												
Dumpling Roll	Beef Lasagne		<ul><li>wheat</li></ul>					●cheese, milk							
Roll	Beef Stew	•	●wheat, barley												
Chicken Casserole  Chicken in Tomato Sauce  Chicken & Tomato Pasta Bake  Chicken & Tomato Pasta Bake  Chicken & Suttermut Squash Curry  Coramy Chicken	Dumpling		<ul><li>wheat</li></ul>												
Chicken in Tomato Sauce  Chicken & Tomato Pasta Bake  Chicken & Butternut Squash Curry  Chicken & Pesto Pasta Chicken & Repept Pizza  Chicken & Rice One Pot  Chicken & Rice O	Roll		<ul><li>wheat</li></ul>												
Chicken & Tomato Pasta Bake  Chicken & Butternut Squash Curry  Chicken & Pepper Pizza  Chicken & Report Pizza  Chicken & Report Pizza  Chicken & Rice One Pot  Cheese Milk  Chicken & Rice One Pot  Ch	Chicken Casserole	•													
Chicken & Butternut Squash Curry  Chicken & Pepper Pizza  Chicken & Pepper Pizza  Chicken & Pepsto Pasta  Chicken & Pesto Pasta  Chicken & Cheese, Pasta  Ch	Chicken in Tomato Sauce	•													
Chicken & Pepper Pizza         ● wheat         ● wheat         ● cheese         □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □	Chicken & Tomato Pasta Bake	•	<ul><li>wheat</li></ul>												
Chicken & Pesto Pasta Chicken & Rice One Pot Chicken & Vegetable Stir Fry Owheat Creamy Chicken & Scorn Pasta Bake Creamy Chicken & Scorn Pasta Bake Cottage Pie Fish Bubble Coated(taster) Fish Bubble Coated(taster) Fish In Batter Fish In Batter Owheat	Chicken & Butternut Squash Curry	•						●cream							
Chicken & Rice One Pot Chicken Fajita & Wrap Chicken & Vegetable Stir Fry Creamy Chicken & Ham Pasta Bake Creamy Chicken & S'corn Pasta Bake Creamy Chicken & S'corn Pasta Bake Creamy Chicken & S'corn Pasta Bake Creamy Chicken & Ham Pasta Bake Creamy Chicken & S'corn Pasta Bake Creamy Chicken & Ham Pasta Bake Creamy Chicken & S'corn Pasta Bake Creamy Chicken Chicken Creamy Chicken & S'corn Pasta Bake Creamy Chicken Creamy Chicke	Chicken & Pepper Pizza		●wheat					●cheese							
Chicken Fajita & Wrap Chicken & Vegetable Stir Fry Creamy Chicken & Ham Pasta Bake Creamy Chicken & Scrorn Pasta Bake Cottage Pie Fish Bubble Coated (taster) Fish in Batter Fish in Batte	Chicken & Pesto Pasta		●wheat					●cheese							
Chicken & Vegetable Stir Fry Creamy Chicken & Ham Pasta Bake Creamy Chicken & Ham Pasta Bake Creamy Chicken & Ham Pasta Bake Creamy Chicken & Storr Pasta Bake Owheat Owhe	Chicken & Rice One Pot														
Creamy Chicken & Ham Pasta Bake	Chicken Fajita & Wrap		●wheat												
Creamy Chicken & S'corn Pasta Bake         ● wheat         ■ ● cheese, milk         ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■	Chicken & Vegetable Stir Fry		●wheat										•	•	
Cottage Pie	Creamy Chicken & Ham Pasta Bake		●wheat					●cheese, milk							
Fish Bubble Coated( taster)  Fish in Batter  Fish in Batter  Fishinger  Mentat  Mild Beef Chilli  Mild Chicken Curry  Mentat	Creamy Chicken & S'corn Pasta Bake		●wheat					●cheese, milk							
Fish in Batter  Fish finger  Meheat  M	Cottage Pie	•						●milk, butter							•
Fishfinger         ■ wheat         ■ ●         ■ cheese         ■ □	Fish Bubble Coated( taster)														
Ham & Cheese Pizza         ■ wheat         ■ 0	Fish in Batter		●wheat			•		●milk		•					
Ham & Sweetcorn Pizza         ● wheat         ■	Fishfinger		●wheat			•									
Ham & Pineapple Pizza         ●wheat         ■         ●cheese         ■	Ham & Cheese Pizza		●wheat					●cheese							
Macaroni Cheese & Ham         ●wheat         ■ cheese, milk         ■ .	Ham & Sweetcorn Pizza		●wheat					●cheese							
Mild Beef Chilli         Image: Chillis of the C	Ham & Pineapple Pizza		●wheat					●cheese							
Mild Chicken Curry         ■ •wheat, cereal         ■ •cheese         ■ • □         ■ • □         ■ •cheese         ■ • □	Macaroni Cheese & Ham		●wheat					●cheese, milk							
Pepperoni Pizza         ● wheat, cereal         ■ ● cheese         ■ □	Mild Beef Chilli														
Pork Goulash         ● wheat         ■ Wheat         ■ Wheat         ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■	Mild Chicken Curry														
Pork Sausage         ● wheat         ■         ■         ■         ●	Pepperoni Pizza		•wheat, cereal					●cheese							
Pork Sausage (gluten free)         ●wheat         ■wheat         ■wheat <td>Pork Goulash</td> <td>•</td> <td></td>	Pork Goulash	•													
Pork Sausage Casserole         ●wheat         ■	Pork Sausage		●wheat												•
Roast Beef       Image: Control of the c	Pork Sausage (gluten free)														
Roast Chicken	Pork Sausage Casserole		●wheat												
Roast Gammon         Image: Company of the compa	Roast Beef														
Roast Pork	Roast Chicken														
Roast Pork Steak         ■	Roast Gammon														
Roast Turkey         ● wheat, cereal         ● Salmon Fishfingers         ● wheat, cereal         ● Sticky Chinese Chicken         ● wheat         ● Sticky Chinese Chicken         ● wheat         ● Sticky Chinese Chicken         ● wheat         ● wheat         ● Sticky Chinese Chicken         ● wheat         ● Sticky Chinese Chicken         ● Wheat         ● Sticky Chinese Chicken         ● Sticky Chinese	Roast Pork														
Salmon Fishfingers         ● wheat, cereal         ●         ■	Roast Pork Steak														
Sticky Chinese Chicken         ● wheat         ● Sweet & Sour Chicken         ● wheat         ● wheat         ● Tortilla Wrap         ● wheat         ● wheat         ● Tortilla Wrap         ● wheat         ●	Roast Turkey														
Sticky Chinese Chicken         ● wheat         ● Sweet & Sour Chicken         ● wheat         ● wheat         ● Tortilla Wrap         ● wheat         ● wheat         ● Tortilla Wrap         ● wheat         ●	Salmon Fishfingers		•wheat, cereal			•									
Sweet & Sour Chicken              • wheat	_		●wheat											•	
Sweet & Sour Pork         ● wheat         ● wheat         ● ●           Tortilla Wrap         ● wheat         ● ■         ● ■			●wheat											•	•
Tortilla Wrap									1					•	•
	Tortilla Wrap		●wheat												
	Turkey Curry								1						

### **Gluten Free**

Beef Lasagne (GF lasagna)

GF Beef Casserole

Cheese and Ham Pizza( GF base)

Cheese and Tomato Pizza ( GF base )

Fish Fingers (GF crumb)

Macaroni Cheese & Ham (GF Pasta) Macaroni Cheese ( GF pasta) GF Pork sausage

#### Vegetarian Option

Vegetarian Option		ı									
Bean Burger/Banger		●wheat									
Cauliflower Cheese					●cheese, milk						
Cauliflower & Broccoli Cheese					●cheese, milk						
Carrot and Coriander Falafel											
Cauliflower & Broccoli Gratin		●wheat			●cheese, milk						
Cheese & Courgette Burger/Saus/Balls		●wheat	•		•cheese, butter, milk		•				
Cheese & Leek Quiche		●wheat	•		●cheese, milk						
Cheese & Leek Burger/Sausage		●wheat	•		●cheese, butter, milk		•				
Cheese & Onion Quiche		●wheat	•		•cheese, butter, milk						
Cheese & Tomato Pizza		●wheat			●cheese						
Country Vegetable Pie	•	●wheat			●milk						
Courgette & Lentil Bake			•		•cheese, milk						
Courgette Sausage		●wheat	•		●cheese, butter						
Crispy Vegetable Burger	•	●wheat			·						
Falafels											
Half Stuffed Pepper											
Homity Pie		●wheat		$\vdash$	● cream, cheese						
Hummus		- Wilcut			- or carri, oricese						
Leek & Butterbean Bake	<del>                                     </del>		-	$\vdash$	●cream, butter	<del></del>					
Leek & Cheese Sausage	•	●wheat	•		•cheese, milk		•		•		
Lentil Roast	-	wheat	•		,		_		_		
		●wheat	•		• cheese						
Macaroni Cheese			•		• cheese, milk						
Mediterranean Quiche	-	●wheat	•		●cheese, milk						
Mild Vegetable Chilli	•										
Mild Vegetable Curry	•										
Mild Sweet Potato and Chickpea Curry											
Mushroom Stroganoff	•				• milk						
Pesto	<u> </u>				●cheese						<b>-</b>
Quorn Balls		●wheat	•								<b>-</b>
Quorn Chilli		●wheat	•								<b> </b>
Quorn Sausage		●wheat	•		• milk						ļ
Quorn & Vegetable Stir Fry		●wheat	•							•	
Ratatouille											
Roasted Vegetable and Bean Bake		●wheat			●cheese						
Roast Vegetable Pizza		●wheat			●cheese						
Sweet & Sour Vegetables		●wheat								•	•
Sweet Potato Falafels											
Three Bean Casserole											
Tomato Sauce & Cheese					●cheese						
Vegetable Crumble		●wheat			●cheese, milk						
Vegetable Curry	•										
Vegetable Gratin	•	●wheat			●cheese, milk						
Roasted Vegetable Lasagne		●wheat			●cheese, milk						
Vegetable and Lentil Lasagne		●wheat			●cheese, milk						
Vegetable Loaf	•	●wheat			●butter						
Vegetable Mornay					● cheese, milk						
Vegetable Moussaka			•		●cheese, milk						
Vegetarian Bolognaise	•										
Vegetarian Cottage Pie	T				●butter, milk						•
Vegetarian Cheese topped Cottage Pie	T				•butter, milk, cheese						•
Vegetarian Cottage Pie (dairy free)											•
Vegetarian Roast	l	●wheat	•								
Vegetable Tagine	t										
-0		I	 			<u> </u>	ı	 I			

**Gluten Free** 

## Dairy Free

DF Vegetarian Cottage Pie

DF Vegetarian Lasagne

# Jacket Potato and Fillings

Jacket Potato									
Butter (optional)					●butter				
Side Salad									
Beef Bolognaise									
Cheeese & Coleslaw			•		●cheese				
Cheese & Onion			•		●cheese				
Cheese					●cheese				
Cheese & Beans					●cheese				
Chicken & Sweetcorn Mayonnaise			•						
Coronation Chicken			•						
Egg Mayonnaise			•						
Ham & Cheese					●cheese				
Mayonnaise			•						
Mild Beef Chilli									
Mild Beef Chilli and Cheese					●cheese				
Rainbow Coleslaw and Cheese	•		•		●cheese				
Rainbow Coleslaw	•		•						
Ratatouille & Cheese					●cheese				
Tuna & Sweetcorn Mayo			•	•					
Tuna Mayonnaise			•	•					
Turkey Curry									
Vegetarian Bolognaise	•								

•

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	seasame seeds	soya	sulphur dioxide
Side Dishes														
Baked Beans														
Bread - wholemeal (optional)		●wheat												
Brown Rice														
Carrots														
Carrots & Swede mash							●butter							
Chips														
Cous Cous		●wheat												
Cranberry Sauce														
Crispy Potatoes														
Garlic Bread		●wheat					●butter							
Gravy (optional)		•wheat, barley											•	
Green Beans														
Half Jacket & Butter														
Ketchup (optional)	•													
Mashed Potatoes							●milk, butter							•
Naan Bread		●wheat					●milk							
New Potatoes														
Pasta (gluten free)														
Pasta		●wheat												
Peas														
Pitta Bread		●wheat												
Roast Potatoes														•
Mini Sausage (with Christmas dinner)		●wheat												•

Sprouts									
Sliced Potato Bake	•				●butter				
Stuffing	•	●wheat			●milk				
Sweetcorn									
Vegetable Medley									
Wedges									
Wholemeal Pasta		●wheat							
Winter Slaw			•						
Yorkshire Pudding (optional)		●wheat	•		●milk				

## Gluten Free

GF Gravy

GF Pasta

GF Pasta									
Dairy Free									
Mashed Potatoes									
Packed Lunch									
Cheese Sandwich	●wheat			● cheese, milk					
Ham Sandwich	●wheat			●milk					
Dessert									
Apple & Blackberry Crumble	•wheat, oats								
Apple & Blackberry Cobbler	●wheat	•		●milk					
Apple & Date Crumble	•wheat, oats								•
Apple & Date Slice	•wheat, oats								
Apple & Raspberry Crumble	•wheat, oats								
Apple & Raspberry Sponge	●wheat	•							
Apple & Rhubarb Crumble	•wheat, oats								
Apple Crumble	•wheat, oats								
Banana & Custard				●milk					
Banana & Date Cake	●wheat	•							•
Blackberry Sponge	●wheat	•							
Catherine Wheel Cookie	●wheat								
Carrot Cake	●wheat	•							
Cherry Flapjack	●oats								
Cherry Shortbread	●wheat								
Chocolate Brownie	●wheat	•							•
Chocolate Shortbread	●wheat								
Chocolate Custard				●milk					
Chocolate Easter Crispy Cake				●milk				•	
Chocolate Crispy Cake				●milk					
Chocolate Raspberry Cake	●wheat	•							
Cream (optional)				●cream					
Custard (optional)				●milk					
Date and Chocolate Brownie	●wheat	•							•
Date and Ginger Slice	●wheat	•							•
Date Flapjack	●oats								•
Date Slice	oats, wheat				1				•
Dorset Apple Cake	●wheat	•		●milk					
Fruit Compote & Cream				●cream					
Fruit Compote & Custard				●milk					
Berry Fruit Compote & Yoghurt				●yoghurt					
Flapjack	●oats			, ,					
Fruit Platter									
Fruity Chocolate Crispy Cake				●milk					•
Fruity Chocolate Easter Crispy Cake				●milk	1			•	•
Fruity Chocolate Tiffin	●wheat			●milk	1			<u>†                                      </u>	•
Ginger Biscuit	●wheat							t	
Iced Marble Cake	●wheat	•						t	
Iced Birthday Cup Cake	●wheat	•					1	t	
Jam Sponge	●wheat	•			-	-1	1		<del></del>

Jammy cupcake	●wheat	•	●milk				
Jelly with Cream			●cream	1 1			
Jelly with Fruit							
Lemon Shortbread	●wheat						
Lemon Drizzle Cake	●wheat						
Lemon Sponge	●wheat	•					
Lemon Surprise Pudding	●wheat	•	●milk				
Mandarins in Orange Jelly							
Mango Smoothie			●yoghurt				
Marble Cookie	●wheat						
Marmalade Cake	●wheat	•					
Oat & Apricot Cookie	•wheat, oats						•
Oat & Cranberry Cookie	•wheat, oats						
Oat & Raisin Cookie	•wheat, oats						
Oat Cookie with Pineapple	•wheat, oats						
Oat Cookie with Grapes	•wheat, oats						
Oat Cookie with Melon Wedge	•wheat, oats						
Orange and Lemon Drizzle Cake	●wheat						
Peaches & Cream			●cream				
Peaches & Yoghurt			●yoghurt				
Peach Melba Sponge	●wheat	•	●milk				
Peach Melba and Yoghurt			●yoghurt				
Pears with Chocolate Custard			●milk				
Pear & Chocolate Sponge	●wheat	•					
Pineapple Upside Down Cake	●wheat	•					
Pudsey Bear Shortbread Biscuit	●wheat	•					
Raspberries in Raspberry Jelly & Cream			●cream				
Raisin Flapjack	●oats						
Shortbread and Fresh Pineapple	●wheat						
Shortbread and Grapes	●wheat						
Shortbread and Melon Wedge	●wheat						
Sticky Ginger Cake	●wheat						
Strawberry Smoothie			●yoghurt				
Sticky Toffee Pudding	●wheat	•					
Tropical Fruit Crush & Yoghurt			●yoghurt				
Vanilla Sponge	●wheat	•					
Yoghurt			●yoghurt				

Gluten Free

GF Crumble

Dairy Free

Custard

Dairy Free and Soya Free

Custard