

	celery	cereals containing gluten	crustaceas	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
Beef Bolognaise														
Beef Burger	●	●wheat											●	●
Beef Burger (DAIRY,SOYA, GLUTEN FREE)														
Beef Meatballs		●wheat, barley												
Beef Lasagne		● wheat					●cheese, milk							
Beef Stew	●	●wheat, barley												
Dumpling		● wheat												
Roll		● wheat												
Chicken Casserole	●													
Chicken in Tomato Sauce	●													
Chicken & Tomato Pasta Bake	●	● wheat												
Chicken & Butternut Squash Curry	●						●cream							
Chicken & Pepper Pizza		●wheat					●cheese							
Chicken & Pesto Pasta		●wheat					●cheese							
Chicken & Rice One Pot														
Chicken Fajita & Wrap		●wheat												
Chicken & Vegetable Stir Fry		●wheat										●	●	
Creamy Chicken & Ham Pasta Bake		●wheat					●cheese, milk							
Creamy Chicken & S'corn Pasta Bake		●wheat					●cheese, milk							
Cottage Pie	●						●milk, butter							●
Fish Bubble Coated(taster)														
Fish in Batter		●wheat			●		●milk		●					
Fishfinger		●wheat			●									
Ham & Cheese Pizza		●wheat					●cheese							
Ham & Sweetcorn Pizza		●wheat					●cheese							
Ham & Pineapple Pizza		●wheat					●cheese							
Macaroni Cheese & Ham		●wheat					●cheese, milk							
Mild Beef Chilli														
Mild Chicken Curry														
Pepperoni Pizza		●wheat, cereal					●cheese							
Pork Goulash	●													
Pork Sausage		●wheat												●
Pork Sausage (gluten free)														
Pork Sausage Casserole		●wheat												
Roast Beef														
Roast Chicken														
Roast Gammon														
Roast Pork														
Roast Pork Steak														
Roast Turkey														
Salmon Fishfingers		●wheat, cereal			●									
Sticky Chinese Chicken		●wheat											●	
Sweet & Sour Chicken		●wheat											●	●
Sweet & Sour Pork		●wheat											●	●
Tortilla Wrap		●wheat												
Turkey Curry														

Gluten Free

- Beef Lasagne (GF lasagna)
- GF Beef Casserole
- Cheese and Ham Pizza(GF base)
- Cheese and Tomato Pizza (GF base)
- Fish Fingers (GF crumb)

Jammy cupcake	●wheat	●			●milk														
Jelly with Cream					●cream														
Jelly with Fruit																			
Lemon Shortbread	●wheat																		
Lemon Drizzle Cake	●wheat																		
Lemon Sponge	●wheat	●																	
Lemon Surprise Pudding	●wheat	●			●milk														
Mandarins in Orange Jelly																			
Mango Smoothie					●yoghurt														
Marble Cookie	●wheat																		
Marmalade Cake	●wheat	●																	
Oat & Apricot Cookie	●wheat, oats																		●
Oat & Cranberry Cookie	●wheat, oats																		
Oat & Raisin Cookie	●wheat, oats																		
Oat Cookie with Pineapple	●wheat, oats																		
Oat Cookie with Grapes	●wheat, oats																		
Oat Cookie with Melon Wedge	●wheat, oats																		
Orange and Lemon Drizzle Cake	●wheat																		
Peaches & Cream					●cream														
Peaches & Yoghurt					●yoghurt														
Peach Melba Sponge	●wheat	●			●milk														
Peach Melba and Yoghurt					●yoghurt														
Pears with Chocolate Custard					●milk														
Pear & Chocolate Sponge	●wheat	●																	
Pineapple Upside Down Cake	●wheat	●																	
Pudsey Bear Shortbread Biscuit	●wheat	●																	
Raspberries in Raspberry Jelly & Cream					●cream														
Raisin Flapjack	●oats																		
Shortbread and Fresh Pineapple	●wheat																		
Shortbread and Grapes	●wheat																		
Shortbread and Melon Wedge	●wheat																		
Sticky Ginger Cake	●wheat																		
Strawberry Smoothie					●yoghurt														
Sticky Toffee Pudding	●wheat	●																	
Tropical Fruit Crush & Yoghurt					●yoghurt														
Vanilla Sponge	●wheat	●																	
Yoghurt					●yoghurt														

Gluten Free

GF Crumble

Dairy Free

Custard

Dairy Free and Soya Free

Custard