

We reserve the right to make changes to the menu if required

AUTUMN LUNCH MENU

FULL **FULL**

MIDWEEK ROASTS

STILL ON HOLIDAY

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WEDNESDAY 2 SEPT
 Roast Chicken Breast with Roast Potatoes, Carrots, Peas & Gravy
 GD Roasted Vegetable Slice with Roast Potatoes, Carrots, Peas & Gravy
 GDS Cheese Sub Roll with Crudités
 D Strawberry Yoghurt or Fresh Fruit

THURSDAY 3 SEPT
 GS Beef Burger in a Roll with Corn on the Cob, Baked Beans & Tomato Ketchup
 GS Veggie Burger in a Roll with Corn on the Cob, Baked Beans & Tomato Ketchup
 D Jacket Potato with Cheese & Mixed Salad
 G Chocolate Cookie or Fresh Fruit

FRIDAY 4 SEPT
 FG Battered Fish with Chips, Peas & Tomato Ketchup
 GD Roasted Vegetable Mini Muffin Pizza with Chips, Peas & Tomato Ketchup
 GDS Ham Sub Roll with Crudités
 Fresh Fruit Medley

MONDAY 7 SEPT
 GD Beef Bolognese with Pasta, Sweetcorn & Grated Cheese
 GD Vegetable Bolognese with Pasta, Sweetcorn & Grated Cheese
 GDS Ham Sub Roll with Mixed Salad
 G Flapjack or Fresh Fruit

TUESDAY 8 SEPT
 Barbecue Chicken with Rice & Mixed Vegetables
 GDS Homemade Tomato Soup with a Wholemeal Cheese Roll
 D Jacket Potato with Baked Beans & Grated Cheese
 GE Mini Chocolate Brownie & Orange Wedge

WEDNESDAY 9 SEPT
 Roast Gammon with Roast Potatoes, Mixed Vegetables & Gravy
 D Cauliflower Cheese with Roast Potatoes, Mixed Vegetables & Gravy
 D Jacket Potato with Cheese, Tomatoes & Cucumber
 G Lemon Shortbread or Fresh Fruit

THURSDAY 10 SEPT
 G Sausage & Bean "H-Ash" with Sunshine Rice
 GD Leek & Cheese Sausage "H-Ash" with Sunshine Rice
 Jacket Potato with Tuna Mayo & Crudités
 Strawberry Jelly & Fruit Salad

FRIDAY 11 SEPT
 FG Fish Fingers with Chips, Peas & Tomato Ketchup
 G Fishless Fingers with Chips, Peas & Tomato Ketchup
 GDS Cheese Sub Roll with Mixed Salad
 GDE Pancake & Lemon or Fresh Fruit

MONDAY 14 SEPT
 GD Cheese & Tomato Pizza with Half a Jacket Potato, Peas & Carrots
 G Uncle Bulgaria's Beetroot Burger with Half a Jacket Potato, Peas & Carrots
 GDS Cheese Sub Roll with Cucumber & Tomatoes
 GE Dorset Apple Cake or Fresh Fruit

TUESDAY 15 SEPT
 GDS Meatball Sub with Tomato Sauce, Grated Cheese & Sweetcorn
 GDS Veg Ball Sub with Tomato Sauce, Grated Cheese & Sweetcorn
 FE Jacket Potato with Tuna Mayo & Mixed Salad
 G Mini Shortbread & Melon

WEDNESDAY 16 SEPT
 Roast Chicken Breast with Roast Potatoes, Carrots, Cabbage & Gravy
 GDE Vegetable Bake with Roast Potatoes, Carrots, Cabbage & Gravy
 D Jacket Potato with Cheese & Crudités
 GE Raspberry Cake or Fresh Fruit

THURSDAY 17 SEPT
 D Cottage Pie with Mixed Vegetables & Gravy
 GD Macaroni Cheese with Mixed Vegetables
 GDS Ham Sub Roll with Mixed Salad
 G Mini Chocolate Cookie & Orange Wedge

FRIDAY 18 SEPT
 FG Breaded Fillet of Fish with Chips, Peas & Tomato Ketchup
 GD Roasted Vegetable Slice with Chips, Peas & Tomato Ketchup
 GDSE Chicken Mayo Sub Roll with Mixed Salad
 G Flapjack or Fresh Fruit

MONDAY 21 SEPT
 GD Mild Fruity Chicken Curry with Rice, Vegetable Medley & Mini Naan
 GDS Homemade Tomato Soup with a Wholemeal Cheese Roll
 GD Jacket Potato with Spaghetti Hoops & Grated Cheese
 GE Mini Chocolate Brownie & Mandarins

TUESDAY 22 SEPT
 G Pork Sausage with Pasta, Tomato Sauce & Peas
 GE Quorn Sausage with Pasta, Tomato Sauce & Peas
 D Jacket Potato with Cheese & Crudités
 G Oaty Apricot Cookie or Fresh Fruit

WEDNESDAY 23 SEPT
 GDE Roast Beef with Yorkshire Pudding, Roast Potatoes, Baby Carrots, Peas & Gravy
 GDE Leek Slice with Roast Potatoes, Baby Carrots, Peas & Gravy
 GDS Cheese Sub Roll with Mixed Salad
 GE Pineapple Upside Down Cake

THURSDAY 24 SEPT
 GD Lasagne with Garlic Bread & Sweetcorn
 GD Vegetable Lasagne with Garlic Bread & Sweetcorn
 FE Jacket Potato with Tuna Mayo & Crudités
 Strawberry Jelly & Fruit Salad

FRIDAY 25 SEPT
 FG Battered Fish, Half a Jacket Potato, Mixed Vegetables & Tomato Ketchup
 GDE Cheese & Onion Quiche Half a Jacket Potato, Mixed Vegetables & Tomato Ketchup
 GDS Ham Sub Roll with Mixed Salad
 D Chocolate Mousse or Fresh Fruit

MONDAY 28 SEPT
 GD Cheese & Tomato Pizza with Half a Jacket Potato, Peas & Carrots
 E Quorn Cowboy Casserole with Half a Jacket Potato, Peas & Carrots
 GDS Cheese Sub Roll with Cucumber & Tomatoes
 GDE Pancake & Lemon or Fresh Fruit

TUESDAY 29 SEPT
 GD Chicken Breast with Pasta, Creamy Tomato Sauce & Peas
 GDE Quorn with Pasta, Creamy Tomato Sauce & Peas
 FE Jacket Potato with Tuna Mayo & Mixed Salad
 G Mini Shortbread & Melon

WEDNESDAY 30 SEPT
 Roast Pork with Roast Potatoes, Carrots, Cabbage & Gravy
 GE Vegetable Loaf with Roast Potatoes, Carrots, Cabbage & Gravy
 GDS Cheese Sub Roll with Crudités
 G Apricot Flapjack or Fresh Fruit

THURSDAY 1 OCT
 GS Beef Burger in a Roll with Corn on the Cob, Baked Beans & Tomato Ketchup
 GS Veggie Burger in a Roll with Corn on the Cob, Baked Beans & Tomato Ketchup
 D Jacket Potato with Cheese & Mixed Salad
 G Chocolate Cookie or Fresh Fruit

FRIDAY 2 OCT
 FG Battered Fish with Chips, Peas & Tomato Ketchup
 GD Roasted Vegetable Mini Muffin Pizza with Chips, Peas & Tomato Ketchup
 GDS Ham Sub Roll with Crudités
 Fresh Fruit Medley

MONDAY 5 OCT
 GD Beef Bolognese with Pasta, Sweetcorn & Grated Cheese
 GD Vegetable Bolognese with Pasta, Sweetcorn & Grated Cheese
 GDS Ham Sub Roll with Mixed Salad
 G Flapjack or Fresh Fruit

TUESDAY 6 OCT
 Barbecue Chicken With Rice & Mixed Vegetables
 GDS Homemade Tomato Soup with a Wholemeal Cheese Roll
 D Jacket Potato with Baked Beans & Grated Cheese
 GE Mini Chocolate Brownie & Orange Wedge

WEDNESDAY 7 OCT
 Roast Gammon with Roast Potatoes, Mixed Vegetables & Gravy
 D Cauliflower Cheese with Roast Potatoes, Mixed Vegetables & Gravy
 D Jacket Potato with Cheese, Tomatoes & Cucumber
 G Lemon Shortbread or Fresh Fruit

THURSDAY 8 OCT
 G Sausage & Bean "H-Ash" with Sunshine Rice
 GD Leek & Cheese Sausage & Bean "H-Ash" with Sunshine Rice
 FE Jacket Potato with Tuna Mayo & Crudités
 Strawberry Jelly & Fruit Salad

FRIDAY 9 OCT
 FG Fish Fingers with Chips, Peas & Tomato Ketchup
 G Fishless Fingers with Chips, Peas & Tomato Ketchup
 GDS Cheese Sub Roll with Mixed Salad
 GDE Pancake & Lemon or Fresh Fruit

MONDAY 12 OCT
 GD Cheese & Tomato Pizza with Half a Jacket Potato, Peas & Carrots
 G Uncle Bulgaria's Beetroot Burger with Half a Jacket Potato, Peas & Carrots
 GDS Cheese Sub Roll with Cucumber & Tomatoes
 GE Dorset Apple Cake or Fresh Fruit

TUESDAY 13 OCT
 GDS Meatball Sub with Tomato Sauce, Grated Cheese & Sweetcorn
 GDS Veg Ball Sub with Tomato Sauce, Grated Cheese & Sweetcorn
 FE Jacket Potato with Tuna Mayo & Mixed Salad
 G Mini Shortbread & Melon

WEDNESDAY 14 OCT
 Roast Chicken Breast with Roast Potatoes, Carrots, Cabbage & Gravy
 GDE Vegetable Bake with Roast Potatoes, Carrots, Cabbage & Gravy
 D Jacket Potato with Cheese & Crudités
 GE Raspberry Cake or Fresh Fruit

THURSDAY 15 OCT
 D Cottage Pie with Mixed Vegetables & Gravy
 GD Macaroni Cheese with Mixed Vegetables
 GDS Ham Sub Roll with Mixed Salad
 G Mini Chocolate Cookie & Orange Wedge

FRIDAY 16 OCT
 FG Breaded Fillet of Fish with Chips, Peas & Tomato Ketchup
 GD Roasted Vegetable Slice with Chips, Peas & Tomato Ketchup
 GDSE Chicken Mayo Sub Roll with Mixed Salad
 G Flapjack or Fresh Fruit

MONDAY 19 OCT
 GD Mild Fruity Chicken Curry with Rice, Vegetable Medley & Mini Naan
 GDS Homemade Tomato Soup with a Wholemeal Cheese Roll
 GD Jacket Potato with Spaghetti Hoops & Grated Cheese
 GE Mini Chocolate Brownie & Mandarins

TUESDAY 20 OCT
 G Pork Sausage with Pasta, Tomato Sauce & Peas
 GE Quorn Sausage with Pasta, Tomato Sauce & Peas
 D Jacket Potato with Cheese & Crudités
 G Oaty Apricot Cookie or Fresh Fruit

WEDNESDAY 21
 GDE Roast Beef with Yorkshire Pudding, Roast Potatoes, Baby Carrots, Peas & Gravy
 GDE Leek Slice with Roast Potatoes, Baby Carrots, Peas & Gravy
 GDS Cheese Sub Roll with Mixed Salad
 GE Pineapple Upside Down Cake

THURSDAY 22 OCT
 GD Lasagne with Garlic Bread & Sweetcorn
 GD Vegetable Lasagne with Garlic Bread & Sweetcorn
 FE Jacket Potato with Tuna Mayo & Crudités
 Strawberry Jelly & Fruit Salad

FRIDAY 23 OCT
 FG Battered Fish, Half a Jacket Potato, Mixed Vegetables & Tomato Ketchup
 GDE Cheese & Onion Quiche, Half a Jacket Potato, Mixed Vegetables & Tomato Ketchup
 GDS Ham Sub Roll with Mixed Salad
 D Chocolate Mousse or Fresh Fruit

Click "Next" when ordering online to skip holidays and place your order for the first week back

MONDAY 2 NOV
 GD Chicken Breast with Pasta, Creamy Tomato Sauce & Peas
 GDE Quorn with Pasta, Creamy Tomato Sauce & Peas
 Jacket Potato with Ham & Crudités
 G Apricot Flapjack or Fresh Fruit

TUESDAY 3 NOV
 G Mild Beef Chilli with Rice, Sweetcorn & Tortilla Wrap
 GDS Homemade Tomato Soup with a Wholemeal Cheese Roll
 D Jacket Potato with Baked Beans & Grated Cheese
 GE Mini Chocolate Brownie & Orange Wedge

WEDNESDAY 4 NOV
 Roast Chicken with Roast Potatoes, Carrots, Cabbage & Gravy
 GDE Vegetable Bake with Roast Potatoes, Carrots, Cabbage & Gravy
 GDS Cheese Sub Roll with Mixed Salad
 G Lemon Shortbread or Fresh Fruit

THURSDAY 5 NOV BONFIRE NIGHT!
 GS Pork Hot Dog with Corn on the Cob & Baked Beans
 GDE Quorn Hot Dog with Corn on the Cob & Baked Beans
 FE Jacket Potato with Tuna Mayo & Crudités
 GD Toffee Apple Crumble & Custard

FRIDAY 6 NOV
 FG Fish Fingers with Chips, Peas & Tomato Ketchup
 G Fishless Fingers with Chips, Peas & Tomato Ketchup
 D Jacket Potato with Cheese & Mixed Salad
 GDE Pancake & Lemon or Fresh Fruit

CONTAINS ALLERGENS

G Gluten

D Dairy

E Egg

S Soya

F Fish