

	celery	cereals containing gluten	crustaceans	eggs	fish	lupin	milk (cheese, cream, butter, yoghurt)	molluscs	mustard	nuts	peanuts	sesame seeds	soya	sulphur dioxide
--	--------	---------------------------	-------------	------	------	-------	---------------------------------------	----------	---------	------	---------	--------------	------	-----------------

**Regular Main**

Beef Bolognese														
Beef Burger	●	●wheat											●	●
Beef Meatballs														
Roll		● wheat												
Chicken Casserole	●													
Chicken in Tomato Sauce														
Chicken & Tomato Pasta Bake		● wheat												
Chicken & Butternut Squash Curry							● cream							
Chicken & Pepper Pizza		●wheat					●cheese							
Cottage Pie	●						●milk, butter							●
Fish in Batter		●wheat			●		●milk							
Fishfinger		●wheat			●									
Ham & Cheese Pizza		●wheat					●cheese							
Ham & Sweetcorn Pizza		●wheat					●cheese							
Ham & Pineapple Pizza		●wheat					●cheese							
Macaroni Cheese & Ham		●wheat					●cheese, milk							
Mild Beef Chilli														
Mild Chicken Curry														
Pepperoni Pizza		●wheat, cereal					●cheese							
Pork Goulash														
Pork Sausage		●wheat												●
Pork Sausage (gluten free)														
Roast Beef														
Roast Chicken														
Roast Gammon														
Roast Pork														
Roast Pork Steak														
Sticky Chinese Chicken													●	
Sweet & Sour Chicken		●wheat											●	
Turkey Curry														

**Vegetarian Option**

Cauliflower Cheese							●cheese, milk							
Cheese & Leek Quiche		●wheat		●			●cheese, milk							
Cheese & Leek Sausage		●wheat		●			●cheese, butter, milk		●					
Cheese & Tomato Pizza		●wheat					●cheese							
Country Vegetable Pie		●wheat					●milk							
Courgette Sausage		●wheat		●			●cheese, butter							
Crispy Vegetable Burger		●wheat												
Half Stuffed Pepper														
Leek & Butterbean Bake							●cream, butter							
Leek & Cheese Sausage	●	●wheat		●			●cheese, milk		●			●		
Macaroni Cheese		●wheat					●cheese, milk							
Mediterranean Quiche		●wheat		●			●cheese, milk							
Mild Vegetable Chilli														
Mild Vegetable Curry														
Quorn Balls		●wheat		●										
Quorn Sausage		●wheat		●			●milk							
Ratatouille														
Roasted Vegetable and Bean Bake		●wheat					●cheese							
Sweet & Sour Vegetables		●wheat											●	●
Three Bean Casserole														
Tomato Sauce & Cheese							●cheese							



